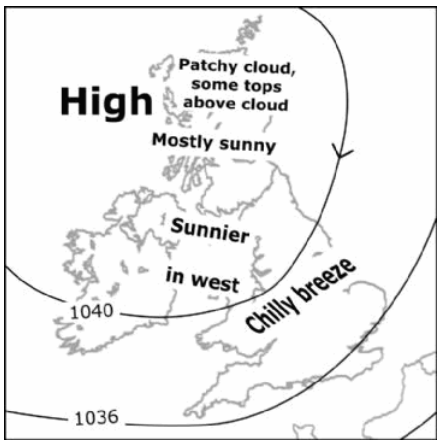
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Monday, 2 November, 2026



British Mountain Summary:
Based on forecast chart for noon 2 November, 2026

Light winds for much of the Highlands; a stronger northeasterly breeze for England & Wales, particularly toward the south, feeling chilly. Generally dry, sunshine best in southern Scotland and toward the Irish Sea coast. Some cloud banks in northern Scotland, but high mountains may poke out above this.

Headline for Cairngorms NP and Monadhliath

Fairly light wind, patchy cloud and sun, best south.

Detailed Forecast for Monday, 2 November, 2026

How windy? (On the Munros)	Northerly 10 to 20mph, strongest higher Cairngorms to Deeside, local gusts 25mph.
Effect of wind on you?	**Fairly small, but more noticeable and feeling chilly on higher slopes in east.**
How wet? (Precipitation and its impact)	**Rain unlikely** Possible fine drizzle some northern areas around cloud banks.
Cloud on the hills?	**Mostly northern hills** Cloud banks mostly toward upper slopes of northern Cairngorms above 800m, though higher summits may poke out above cloud at times. Local mist possible in glens. Cloud more broken southwards.
Chance of cloud free Munros?	**50% north, 70% south.**
Sunshine? Air clarity (below cloud)	Occasional sun mostly southern areas. Visibility very good out of cloud.
How Cold? (at 900m)	1 to 4C, little change higher up on Munros. Feeling like -5C in stronger wind.
Freezing Level	Above the summits, but patchy frost in glens at first, also some sheltered higher slopes and corries.

Cairngorms NP and Monadhliath - Looking Ahead

	Tuesday 3 November	Wednesday 4 November
How windy? (On the Munros)	Easterly 10 to 15mph or less, some gustier spots over southern Cairngorms NP may reach 20mph.	Southeasterly 10 to 15mph or less.
Effect of wind on you?	**Mostly small.**	**Small.**
How wet? (Precipitation and its impact)	**Rain unlikely** Chance of a little drizzle around Deeside.	**Largely dry** Odd spots of drizzle around cloud in east.
Cloud on the hills?	**Fairly extensive, high tops may be clear** Cloud banks rolling across high terrain, the base mostly above 700-800m, whilst the top of the cloud close to higher summits which may emerge above at times. Breaks more often toward Ben Alder.	**Mostly eastern hills** Banks of cloud mostly toward south and east of the Cairngorms, some patches may roll across the plateau, but well broken toward Strathspey; some higher summits just above the cloud at times.
Chance of cloud free Munros?	**30% (some tops above cloud)**	**60%**
Sunshine? Air clarity (below cloud)	Occasional sun mostly Strathspey to Drumochter. Visibility very good out of cloud.	Patchy cloud and sun, best north and west. Visibility very good.
How Cold? (at 900m)	3 to 5C, coolest if in cloud; little change with added height.	2 or 3C.
Freezing Level	Above the summits, but pockets of frost both higher and lower slopes at dawn.	Above the summits, but frost in morning in some glens and upland hollows.

Planning Outlook

All mountain areas of Britain from Tuesday, 3 November, 2026

A settled week ahead as high pressure resides toward the north. Easterly winds will prevail, strongest for Wales and the southern Pennines. Largely dry weather, whilst variable cloud will be drawn in from the North Sea, at times some light showers in eastern areas. Best chance for inversion conditions will be on higher tops in Scotland, emerging above cloud at times. Sunshine typically best toward western coasts. Temperatures mostly above freezing on high terrain, but some frost overnight in glens and some upland hollows; then cooler toward the weekend on tops. Quiet weather also likely as next weekend begins, perhaps further ahead, though a mixed Atlantic influence may return to Scotland.

Forecast issued at 16:00 on Sunday, 1 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.