

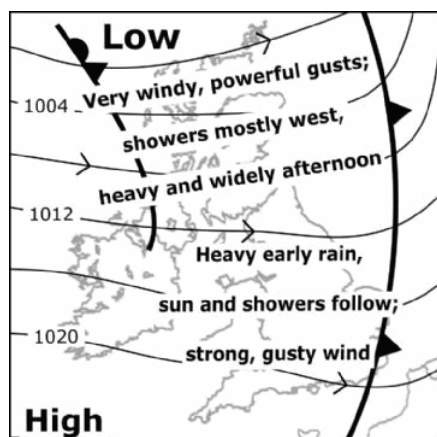
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Erich and Loch Laggan.



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General Summary for Tuesday, 13 October, 2026



British Mountain Summary:

Based on forecast chart for noon 13 October, 2026

Heavy rain over England and Wales at dawn clears eastward, followed by showers, sun breaks, and cooler temperatures. Showers soon frequent west Scotland, clustering for sustained heavy rain/hail, sweeping east across Scotland afternoon. Widely windy, powerful gusts around rain.

Headline for Cairngorms NP and Monadhliath

Early rain clears, afternoon showers, strong wind

Detailed Forecast for Tuesday, 13 October, 2026

How windy? (On the Munros)	West-southwesterly 35-45mph most of the day, will vary and perhaps briefly lighter, but also likely strengthening as afternoon goes, strongest gusts over 50mph.
Effect of wind on you?	Arduous walking in exposure much of the day, some locally lighter effects but also a more challenging period later in the day with gusts knocking you around. Significant wind chill.
How wet? (Precipitation and its impact)	Dawn rain, then showers, becoming frequent and heavy Heavy rain from overnight clears away eastwards around dawn, leaving a brief drier window, but showers soon follow from the west, scattered at first (particularly east) but increasingly frequent and heavy with hail, some sustained heavy falls afternoon, later as sleet/snow on high tops.
Cloud on the hills?	Breaks to tops when dry Extensive fog from overnight begins breaking right around dawn, varied cloud at many heights but for a few hours breaking well toward upper slopes with clearer hills in the north east. Patches will come and go on high tops, filling in again from west in showers, extensively to 1000m, as low as 700m west.
Chance of cloud free Munros?	50%, lowering to 30%
Sunshine? Air clarity (below cloud)	Patchy sunshine, best toward north for a few hours, cloud building and mostly cloudy for a few afternoon hours. Visibility excellent as rain clears, then reducing around showers.
How Cold? (at 900m)	Mild 10C overnight, dropping as dawn approaches to 7C, lowering further with time to finish the day near 3C. Feeling later like -10C as wind increases.
Freezing Level	Above the summits, but may drop to just above highest tops later in the day.

All mountain areas of Britain from Wednesday, 14 October, 2026

Southwesterly gales strengthen to become severe on the mountains into Wednesday, moderating into Thursday. Cloudy with some drizzle on western hills, a band of more extensive heavier rain passing southeastwards Wednesday into Thursday as well. Starting on the milder side, but fresher air arrives behind the band of rain Thursday into Friday, sun breaking out with a few showers - Scottish high summits may drop back close to freezing with some snow falling on higher tops. Indications of higher pressure building on Friday and into the weekend, bringing a window of more settled weather and scope for local inversion conditions on high terrain. Clear night skies allow for chilly mornings, some ground frosts likely, and may remain quite blustery south Pennines and Wales.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.