

Cairngorms NP and Monadhliath

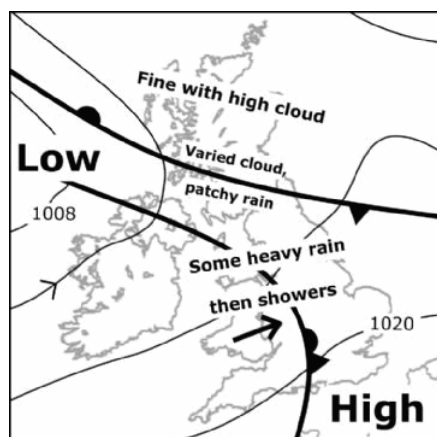
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



sportscotland
the national agency for sport

Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Wednesday, 2 September, 2026



British Mountain Summary:

Based on forecast chart for noon 2 September, 2026

Much of the Highlands sees a fine day with fairly light winds; a veil of high cloud tends to thicken, risk of some rain later.

S Scotland & N England has more cloud, some rain. Heavier rain moves across Wales into Peak District, followed by showers on a strong southwesterly wind, quite humid.

Headline for Cairngorms NP and Monadhliath

Dry most or all day; sun and high cloud, breezier later.

Detailed Forecast for Wednesday, 2 September, 2026

How windy? (On the Munros)	Westerly 15mph at dawn, soon variable below 10mph for much of morning. Trending southeasterly and rising a little into afternoon to 20mph, by evening 30mph, from dusk 35mph, turning southwesterly 35-45mph into night.
Effect of wind on you?	Mostly small until well into afternoon, then some more noticeable gusty areas develop and becoming more widely blustery late in day, starting to affect ease of walking, deteriorating further into night.
How wet? (Precipitation and its impact)	Dry most or all day, some rain later Likely most or all daytime dry. Into later evening and night, some rain then encroaching from the southwest, risk turning persistent near Drumochter, may be fairly patchy further northeast.
Cloud on the hills?	Lifting to high terrain with summit breaks for a time Varied patchy cloud in the morning, lifting to mostly above 900m and increasingly breaking up, particularly north. Some cloud clings to high slopes south of high Cairngorms, and later filling in extensively from the south and tending to lower particularly by evening.
Chance of cloud free Munros?	70%, later dropping from the south.
Sunshine? Air clarity (below cloud)	Sun weak through a veil of high cloud which tends to thicken from the southwest. Visibility very good much of day, some early patchy mist into glens.
How Cold? (at 900m)	5C rising to 9C, staying elevated into night and possibly rising slightly.
Freezing Level	Above the summits. Some sheltered glens may start with slight grass frost at dawn.

All mountain areas of Britain from Thursday, 3 September, 2026

A series of weather systems moves in from the Atlantic this week and next to bring spells of rain and showers, accompanied by frequently strong to gale force mountain winds. A window of better weather is likely this Saturday for Scotland and northern England, but further rain is expected to move into Wales, which then extends north by Saturday night and Sunday, possibly widely heavy rain and a risk of more powerful upland gales developing over Scotland into Sunday. Temperatures will vary, mildest toward the south, but some cooler air moves in from the north at times bringing higher Scottish tops close to freezing point.

Forecast issued at 16:30 on Tuesday, 1 September, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.