

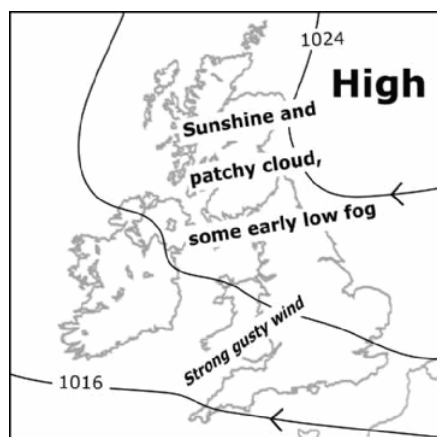
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Erich and Loch Laggan.



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General Summary for Monday, 24 August, 2026



British Mountain Summary:

Based on forecast chart for noon 24 August, 2026

Dry overall with sunshine and broken cloud. Some early low-level fog patches will soon disperse, briefly cloud drifting over some hill slopes, but most mountains often clear all day. Light-moderate south-southeasterly breezes, locally gusty, stronger easterly winds mid & south Wales.

Headline for Cairngorms NP and Monadhliath

Dry with sun, mostly clear hills. Local gusts.

Detailed Forecast for Monday, 24 August, 2026

How windy? (On the Munros) Effect of wind on you?	Southerly 10-15mph, some gustiness 20mph over the Cairngorm plateau, downslope to the north early. Shifting southeasterly, rising to 20mph more often on eastern tops afternoon, widely evening. Mostly small, but some nuisance gustiness at times.
How wet? (Precipitation and its impact)	No rain expected Small risk of a very isolated brief shower in the afternoon, mainly in the north.
Cloud on the hills? Chance of cloud free Munros?	Little expected Patchy cloud at varied heights to start, mostly low-mid slopes with some fog in glens. Fragments lift to cap some higher slopes during the morning, but most cloud then above the higher summits by afternoon. Into night, cloud lowering over more east-southeast hills. 90%
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun, more often sunny for a time northern Cairngorms. Very good visibility.
How Cold? (at 900m) Freezing Level	8C rising to 11C, perhaps a degree milder northernmost Cairngorms. Above the summits.

Cairngorms NP and Monadhliath - Looking Ahead

	Tuesday 25 August	Wednesday 26 August
How windy? (On the Munros)	East to southeasterly 10 to 20mph.	Easterly 20 to 30mph, local stronger gusts in places around higher mountains.
Effect of wind on you?	Mostly small.	Generally breezy, local gusty areas may suddenly affect balance on high tops and locally downslope west of Cairngorms.
How wet? (Precipitation and its impact)	Little or no rain A little drizzle possible at times mainly areas toward Lochnagar.	Little or no rain Patchy drizzle some eastern slopes where in cloud. Odd spots from high cloud elsewhere, later perhaps a burst of rain.
Cloud on the hills?	Mostly in morning and toward east Varied cloud banks from some lower slopes upward in the morning, some higher terrain may be at least briefly above cloud, but tending to drift higher up. May linger some eastern tops, largely breaking west.	Most extensive south and east Banks of cloud fairly extensive south and eastern Cairngorms NP above 600-800m, rolling across higher slopes toward north and west, patchier toward Monadhliath.
Chance of cloud free Munros?	50%, rising to 80% near/west of A9.	30% south & east to 60% northwest.
Sunshine? Air clarity (below cloud)	Sunshine best near Strathspey, some thin high cloud. Eastern areas may be cloudier especially morning. Visibility excellent.	Occasional sun mostly near Strathspey, high cloud tending to thicken. Visibility good, some haze east and south.
How Cold? (at 900m)	8C rising to 10 to 12C, coolest toward Deeside.	9 or 10C, up to 13C out of cloud afternoon. Feeling like 2 to 5C in the wind.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 25 August, 2026**

Low pressure to the south will develop and drift across Britain into the second half of this week bringing increasingly wet conditions widely. Areas of rain will drift northward during Wednesday, possibly thundery showers forming over England & Wales. Heavy and thundery rain likely affects England, Wales & southern Scotland on Thursday-Friday, potentially prolonged heavy falls bringing a risk of flooding locally. Northwest Scotland likely driest. The eastern Highlands often covered in low cloud. Strong gusty easterly winds prevail for a few days through midweek. Into the weekend it remains unsettled with areas of rain and heavy showers, plus cooler northwesterly winds developing.

Forecast issued at 16:00 on Sunday, 23 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.