

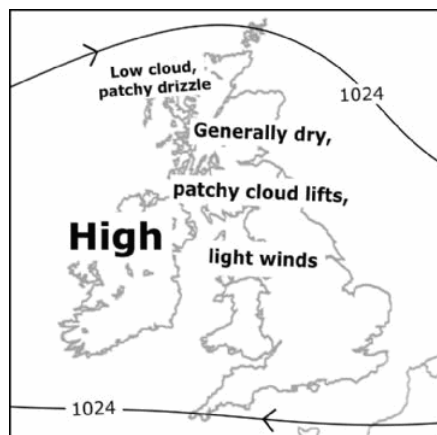
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Sunday, 23 August, 2026



British Mountain Summary:

Based on forecast chart for noon 23 August, 2026

A fine day for most places with light winds. Patchy cloud around some hill slopes early in the day will lift to leave many summits clear, but cloud banks are likely to persist on west coastal tops in Scotland, a little drizzle here in the morning, breezier too in the far northwest.

Headline for Cairngorms NP and Monadhliath

Cloud lifting, many tops clear with time; generally dry.

Detailed Forecast for Sunday, 23 August, 2026

How windy? (On the Munros)	Westerly 15-20mph from dawn gusts 25mph high Cairngorms for a time, but soon easing to 10-15mph or often less.
Effect of wind on you?	Soon small, though quite breezy over the Cairngorm plateau early in the day.
How wet? (Precipitation and its impact)	Substantially dry Rare patches of drizzle early in the day mainly toward the north. Chance of an isolated light shower in the afternoon, mainly toward east.
Cloud on the hills?	Early cloud rising, breaking to tops Varied cloud banks early in the day from lower elevations upward, becoming confined to hills above 1000m during morning and mostly in the north. Bases rise further to largely clear summits in afternoon, brief patches high tops.
Chance of cloud free Munros?	30% rising to 80%
Sunshine? Air clarity (below cloud)	Fairly cloudy, patchy sun mostly southeast areas in morning, and a little sun may return by evening. Visibility very good out of cloud.
How Cold? (at 900m)	7C rising to 10C. Feeling near freezing in early wind.
Freezing Level	Above the summits.

All mountain areas of Britain from Monday, 24 August, 2026

A fine start to the week with high pressure nearby, but easterly breezes will tend to strengthen. Most places dry through Monday and Tuesday, but generally deteriorating from the south into midweek as low pressure moves in from the south, patchy rain will increasingly spread northward with some local stronger wind. Broadly unsettled as next weekend approaches with bands of heavy rain forming mixed with showery bursts at times, but fairly warm and somewhat humid. Wind speed and direction likely to vary considerably day-to-day.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.