

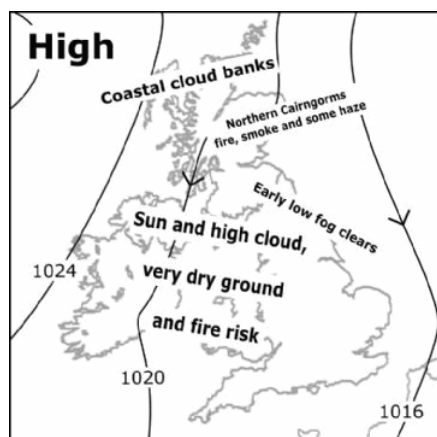
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Friday, 17 July, 2026



British Mountain Summary:

Based on forecast chart for noon 17 July, 2026

Dry conditions persist with high wildfire risk; some areas inaccessible due to fire hazards. Dawn sea fog over north/east Scotland and eastern Pennines largely clears, occasional patchy hill cloud drifts into north Scotland. Warm with sun and high cloud western areas, most hills cloud-free.

Headline for Cairngorms NP and Monadhliath

Active fire near Glen More; little cloud but hazy/smokey views

Detailed Forecast for Friday, 17 July, 2026

How windy? (On the Munros)	Northerly 10 to 20mph, strongest sustained wind eastern Cairngorms, gusts approaching 30mph over tops and downslope.
Effect of wind on you?	Fairly small, but feeling more blustery at times and noticeably cooler on high eastern terrain.
How wet? (Precipitation and its impact)	Rain unlikely Odd pockets of drizzle over the high Cairngorms from time to time, a few spots on north slopes as well, totals very small and otherwise dry.
Cloud on the hills?	Covering northern hills for a time Fairly extensive over northern Cairngorms early below 1100m, well broken south of the high tops; high terrain starts above the cloud. Through morning, cloud banks drift higher up northern slopes, perhaps shrouding tops for a time, but tending to thin as well to just patchy banks on high northern slopes.
Chance of cloud free Munros?	Rising to 60% north, 80% south (high Cairngorms perhaps above cloud)
Sunshine? Air clarity (below cloud)	Patchwork of sun and cloud. Smoke from fires in Cairngorms NP impacting visibility, though excellent where unaffected.
How Cold? (at 900m)	10 or 11C to starting, rising locally to 14C southern Cairngorms where sunniest. Less rise northern slopes, particularly near Glen Avon. Feeling like 5C in direct strongest wind.
Freezing Level	Above the summits.

	Saturday 18 July	Sunday 19 July
How windy? (On the Munros) Effect of wind on you?	Northerly 10-20mph, gusty over the Cairngorm plateau, may reach 30mph at times over eastern Cairngorms. Fairly small, but walking becomes impeded in gusts to the east and feeling chilly.	North-northwesterly 5-15mph, strongest wind early in the east, sustained 20mph with stronger gusts. Fairly small, but walking inconvenienced in early wind to the east.
How wet? (Precipitation and its impact)	Little expected Patchy rain affects the Cairngorm plateau from time to time, some early drizzle on high terrain. Rainfall totals likely small, slopes south of high Cairngorms remain dry.	No rain expected
Cloud on the hills?	Lingering on high northern slopes May be fairly extensive at dawn, to 500m northern Cairngorms into Strathspey area. Soon breaking and lifting, southern slopes clearing cloud soonest; varied banks over the high Cairngorms, bases to 1000-1100m northern slopes.	Largely clear At dawn, mist on some sheltered northern slopes, well broken, southern slopes largely clear. Mist soon dissipates for clear hills well into the day. Later, a rising chance of banks drifting over high Cairngorms.
Chance of cloud free Munros?	Rising to 50%	90%
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun, more often cloudy on high northern slopes. A risk of poor visibility should fires in Cairngorm NP persist.	Patchy sunshine, best on southern slopes. Excellent visibility.
How Cold? (at 900m) Freezing Level	7C rising to 10C northern Cairngorms, to 12C southern Cairngorms/Drumochter area. Feeling near freezing in strongest Above the summits.	6C rising to 9 to 12C, mildest southern Cairngorms/Drumochter. Above the summits.

All mountain areas of Britain from Saturday, 18 July, 2026

Settled summer weather continues through the weekend and next week as high pressure dominates. Extremely dry ground conditions persist with a high risk of wildfire. Temperatures will trend cooler, dropping below 10C on summits overnight in Scotland, but afternoon temperatures rising to warm or very warm; most persistently cooler in the far north where some cloud will be drawn onto high terrain and over tops at times with occasional light showery rain; high summits of the Scottish Highlands sometimes above a morning cloud inversion. Otherwise generally ongoing dry weather, with good amounts of sun and hill tops often clear of cloud. A change of weather pattern indicated late in the month brings scope for rain and thundery showers.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.