

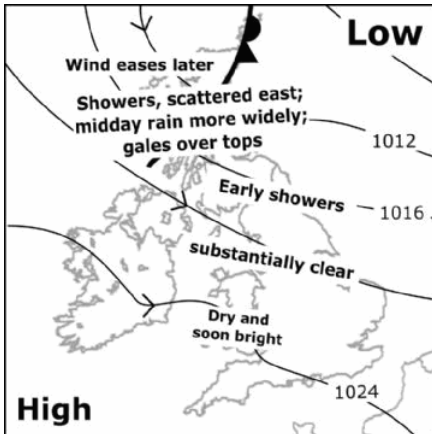
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Saturday, 13 June, 2026



British Mountain Summary:

Based on forecast chart for noon 13 June, 2026

Chilly and showery west Scottish highlands, fewer showers east but several afternoon hours of more widespread rain, later easing. Some early showers from south Scotland to north Wales, largely fading with sun breaks; south Wales is dry and brighter. Strong wind widely, easing Wales and north Scotland.

Headline for Cairngorms NP and Monadhliath

Gales over high summits; some showers, more rain afternoon

Detailed Forecast for Saturday, 13 June, 2026

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>West-northwesterly 35-45mph, gusts will sometimes approach 50mph over the Cairngorm plateau. Steadily northwesterly later in the day, some variability, and may just slightly ease as night approaches.</p> <p>Arduous walking over the Cairngorm plateau with significant wind chill most of the day. Maintaining stability requires sustained effort, strongest wind limiting forward progress.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Showery rain, more persistent afternoon</p> <p>Rain drifting from the northwest for much of the day, some more persistent falls possible near and west of Ben Macdui for periods. Drier Deeside until afternoon when rain spreads more widely for several hours. Rain breaks back into showers later afternoon and slowly eases.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>Mostly high terrain, more extensive for several hours</p> <p>Cloud banks shroud the high Cairngorm plateau most of the day, some variability north slopes where may reach down to 800-900m. Filling in more extensively for several midday/afternoon hours to 900m, lower north slopes, later improving again. Deeside slopes often clear outside of this period.</p> <p>20%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Glimpses of sunshine, best sun towards Deeside, but cloudier periods too. Very good visibility out of cloud and rain, but notably variable.</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>5C rising to 6 or 7C, mildest Deeside. Feeling as cold as -7C in direct wind.</p> <p>Above the summits.</p>

Cairngorms NP and Monadhliath - Looking Ahead

	Sunday 14 June	Monday 15 June
How windy? (On the Munros) Effect of wind on you?	Northwesterly 15-25mph early, strongest east, gusting 30mph; shifting northerly, easing to 10-15mph, or lighter west. Fairly small, some notable gusts over the high Cairngorm plateau, particularly east.	Variable 10mph or less, orienting east-southeasterly and rising to 10-15mph afternoon, some variability. Mostly small.
How wet? (Precipitation and its impact)	Light patchy rain fades Some fine drizzle over the Cairngorm plateau in the morning with a few patches of light rain drifting from the north. A fading trend, little or no precipitation remaining by mid-afternoon.	Substantially dry Odd spots of drizzly rain may drift from the north, but any rain light and likely dry most or all day.
Cloud on the hills? Chance of cloud free Munros?	Lifting to high terrain, some breaks Most terrain above 900m shrouded at dawn, patchy lower banks to 600-700m northern Cairngorms and Monadhliath. Cloud bases rises with time, south Cairngorm slopes soon largely clear of cloud, and banks isolating to high terrain, some breaks. Rising to 50%	Likely lifting to or above tops Detail uncertain, but banks of cloud at various heights in the morning, locally extensive, high tops probably covered, and some fog in glens and corries as well. Cloud lifts, isolating to high terrain and probably clearing tops well into the day, then may return into nighttime. Rising to 60%
Sunshine? Air clarity (below cloud)	Increasingly sunny on south slopes; northern slopes may be slow to see any substantial sun breaks. Very good visibility.	Broken cloud, often sunny afternoon, high cloud building later. Very good visibility.
How Cold? (at 900m) Freezing Level	5C rising to 9C, or a degree milder south of high Cairngorms; staying a degree cooler Ben Avon. Above the summits.	6 or 7C at dawn, rising to 9 or 10C. Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 14 June, 2026

Sunday will be a clearing day for most under a core of high pressure: early rain in Scottish Highlands easing, most cloud lifting off all hills except the north of Scotland, and good sunshine through weakened by high cloud. Temperature more widely mild, warm in Wales. Into next week, a mixed southwesterly pattern remains, windy at times with periods of rain, drizzle and low cloud most persistent in the west. Warmest in England and Wales, but may stay cooler in Scotland as low pressure to the northwest recycles air from the north Atlantic back onto the Munros. Tuesday into Wednesday shows indications of a wetter and windier spell. Pressure generally trending higher later in the week, but extensively settled weather remains elusive until at least the following week.

Forecast issued at 15:58 on Friday, 12 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.