

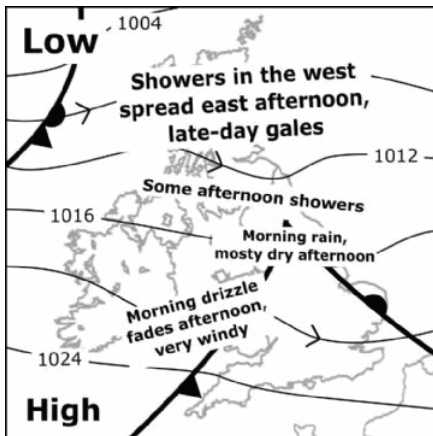
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Friday, 12 June, 2026



British Mountain Summary:

Based on forecast chart for noon 12 June, 2026

Strong wind for all. Showers and fog in west Scotland all day, passing east afternoon, persistent for a few later hours. Gales into Scotland from the west late afternoon into evening. Morning rain, drizzle, and fog in England, easing afternoon, driest S Pennines. Drizzle in Wales fades afternoon, sun glimpses break out.

Headline for Cairngorms NP and Monadhliath

Light showers west, more widely afternoon; windy, late gales

Detailed Forecast for Friday, 12 June, 2026

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>Westerly 30 to 40mph, several midday/afternoon hours on the lower end of the range, though staying stronger near and south of Loch Tay. Trending to higher speeds widely late in the day, sustained speeds to 45-50mph over tops into nighttime.</p> <p>Walking often strenuous on exposed tops, perhaps a few hours of smaller effects, particularly in sheltered areas. Conditions deteriorate to difficult late in the day with significant wind chill.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Occasional drizzly showers west, more showery later</p> <p>Drizzly showers most common near and west of the A9, only few brief showers pass further east, probably dry towards Ben Avon. Showers spread further east through later afternoon, some extended falls reaching western hill groups late in the day.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>Most persistent southwestern hills</p> <p>Cloud banks most persistent over hills near Drumochter, above 700-800m. Further east, banks come and go above 900-1000m, a few breaks to tops, best in the far east, but banks increasingly frequent through afternoon, perhaps more extensive into evening.</p> <p>30% southwest, to 50% northeast; deteriorating late in the day</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Glimpses of sunshine, more often cloudy westernmost hill groups. Visibility good below cloud, and particularly east; reduced at times in rain.</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>6C rising to 8C for a few afternoon hours, locally 9C easternmost Cairngorms. Returning to 5 or 6C as evening approaches. Feeling like -5C where exposed to wind on higher Cairngorms.</p> <p>Above the summits.</p>

Cairngorms NP and Monadhliath - Looking Ahead

	Saturday 13 June	Sunday 14 June
How windy? (On the Munros) Effect of wind on you?	Westerly 40-50mph, shifting northwesterly later. Speeds likely vary though the day, easing somewhat west later Arduous or difficult walking over the high tops with significant wind chill. Maintaining stability requires sustained effort.	Northwesterly 15-20mph early, shifting northerly and easing to 10-15mph, always strongest east areas; lighter later west. Fairly small, some notable gusts over the high Cairngorm plateau, particularly east.
How wet? (Precipitation and its impact)	Rain, mostly afternoon Rain drifting from the northwest for much of the day, some more persistent falls possible near and west of Ben Macdui for periods. Drier Deeside until afternoon when rain spreads more widely for several hours.	Light patchy rain fades Some fine drizzle over the Cairngorm plateau in the morning with a few patches of light rain drifting from the north. Any precipitation likely fades for a dry afternoon.
Cloud on the hills? Chance of cloud free Munros?	Mostly high terrain, later more extensive Cloud banks likely shroud the high Cairngorm plateau most of the day, some variability northern slopes where may reach to 800-900m. May fill in more extensively for several afternoon hours to at least 700m, or lower north slopes. 30%	Lifting to high tops, some breaks Most terrain above 1000m shrouded at dawn, patchy lower banks to 700m northern Cairngorms and Monadhliath. Cloud bases rises with time, south Cairngorm slopes soon largely clear of cloud, and may clear highest tops afternoon, but always a chance of passing cloud caps. Rising to 70%
Sunshine? Air clarity (below cloud)	Glimpses of sunshine, best sun towards Deeside, but cloudier periods too. Very good visibility out of cloud and rain, but notably variable.	Increasingly sunny, particularly south slopes, but weakened by high cloud. Very good visibility.
How Cold? (at 900m) Freezing Level	5C rising to 6 or 7C, mildest Deeside. Feeling as cold as -7C in direct wind. Above the summits.	5C rising to 9 or 10C, mildest south of high Cairngorms; may stay a degree cooler Ben Avon. Above the summits.

Planning Outlook**All mountain areas of Britain from Saturday, 13 June, 2026**

Higher pressure to the southwest this weekend, bringing warmer and drier conditions to Wales. Showery rain affecting Scotland on Saturday, some patches reaching northwest England; staying very windy and cool in Scotland and northern England on Saturday too. Sunday will be a clearing day for most: early rain in Scottish Highlands easing and most cloud lifting off summits, sunshine but weakened by high cloud. Temperature more widely mild, warm in Wales.

Into next week, a mixed southwesterly pattern remains, windy at times with periods of rain, drizzle and low cloud most persistent in the west. Warmest in England and Wales, but cooler westerly air likely returns at times mid-late week.

Pressure generally trending higher, but extensively settled weather may remain elusive in the near-term.

Forecast issued at 16:07 on Thursday, 11 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.