

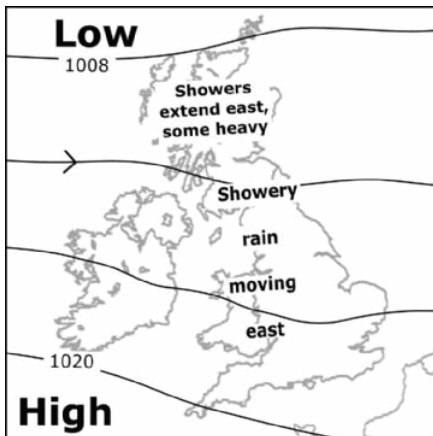
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Wednesday, 10 June, 2026



British Mountain Summary:

Based on forecast chart for noon 10 June, 2026

Showery westerlies, scattered bursts of rain moving eastward across the country, locally heavy with a chance of thunder, mainly eastern areas by afternoon. Improving to drier and brighter conditions for western England and Wales with time. Breezes tending to freshen. Feeling rather cool.

Headline for Cairngorms NP and Monadhliath

Showers develop, some heavy. Breeze increasing.

Detailed Forecast for Wednesday, 10 June, 2026

How windy? (On the Munros)	West to southwesterly 10 to 15mph, rising to 20mph afternoon, 25mph Ben Alder area, later in day more widely.
Effect of wind on you?	Mostly small until afternoon, but marked wind chill where exposed to the strongest breeze, particularly later in day.
How wet? (Precipitation and its impact)	Showers forming widely, risk thunder. Mostly dry start. Then showers will move in and also develop further across the area to become widely showery in afternoon, hail and thunder, sleet tops. Later in day, heavier showers focused toward east, odd light showers west.
Cloud on the hills?	Forming on tops in rain Often clear in the morning, brief patches, but as showers develop widely, banks lower onto higher terrain above 800m and linger for a while, varied patches
Chance of cloud free Munros?	70% dropping to 40% in rain
Sunshine? Air clarity (below cloud)	Best sun early in day, before skies tend to fill in with cloud by late morning. Visibility very good, but poor in afternoon showers.
How Cold? (at 900m)	3 to 5C, chilliest in the morning. Feeling near -5C in the stronger breeze on higher tops.
Freezing Level	1200-1300m morning, lifting just above highest tops afternoon.

Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 11 June	Friday 12 June
How windy? (On the Munros) Effect of wind on you?	Southerly 20 to 25mph, risk reaching gusty 35mph at times higher Cairngorms; by evening turning southwesterly. Fairly small in places, but some more blustery and gusty areas around higher mountains. Marked wind chill.	West or southwesterly, 25 to 40mph. Strenuous walking where exposed over high terrain, some buffeting gusts starting to affect balance. Marked wind chill.
How wet? (Precipitation and its impact)	Rain most persistent southwest Rain soon spilling in from the southwest, most persistent southern Cairngorms to Ben Alder, risk some steadier rain setting in more widely, patchier toward northeast, but some rain and drizzle for periods.	Occasional drizzly rain west Drizzly showers most common near and west of the A9, fewer and generally brief further east, and more often dry Deeside.
Cloud on the hills?	Increasingly extensive Varied cloud banks filling in soonest over more southern hills, but becoming extensive, with time shrouding most hills above 700-900m, lower at times in south.	Most persistent southwestern hills Cloud banks most frequent over hills near Drumochter, mostly above 700-800m. Some cloud capping high tops fairly widely, often above 900-1000m, with breaks to tops more often northeast areas.
Chance of cloud free Munros?	20%	30% southwest, to 60% northeast.
Sunshine? Air clarity (below cloud)	Largely cloudy, dull southwest, some brighter skies north/east. Visibility good where dry, but poor in rain.	Largely cloudy, glimpses of sun mainly eastern areas. Visibility good below cloud, reduced at times in rain.
How Cold? (at 900m) Freezing Level	3C rising to 6C. Feeling like -5C directly in wind. Above the summits.	6C rising to 8C afternoon. Feeling like -5C where exposed to wind on higher Cairngorms. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 11 June, 2026

Damp westerly breezes on Friday will cloak most mountains in cloud and some drizzle, better conditions eastwards. Cool and strong westerlies persist in Scotland on Saturday, then warmer with lighter winds by Sunday. Some patchy rain remaining in west and northwest Scotland over the weekend. Pressure tends to rise from the south this weekend, bringing warmer air and drier conditions to England & Wales, although west coast mountains may hold onto cloud. Into next week, a mixed southwesterly pattern remains, windy at times with periods of rain, drizzle and low cloud most persistent in the west. Warmest in England and Wales, but cooler westerly air likely returns at times mid-late week. Higher pressure then shows more signs of expanding over the country by late next week bringing improving conditions.

Forecast issued at 16:00 on Tuesday, 9 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.