

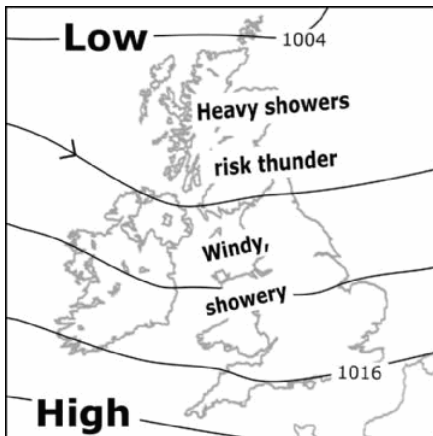
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Tuesday, 9 June, 2026



British Mountain Summary:

Based on forecast chart for noon 9 June, 2026

Generally showery, heavy bursts with risk of thunder, particularly more eastern areas afternoon into evening. Strongest west to southwesterly winds for England and Wales. Rather chilly, notable wind chill in exposure on hills. Cloud varying over the tops.

Headline for Cairngorms NP and Monadhliath

Cool and showery, increasing heavy bursts, local thunder.

Detailed Forecast for Tuesday, 9 June, 2026

How windy? (On the Munros)	Southwesterly 10 to 15mph, occasionally less, then shifting westerly during afternoon, lifting to 15 to 25mph, strongest soonest for southern tops near Ben Alder, more widely west-northwesterly 20-25mph by evening.
Effect of wind on you?	Mostly small until well into afternoon, but becoming more blustery later afternoon into evening, varied sudden gusts around showers; marked wind chill.
How wet? (Precipitation and its impact)	Showers developing widely, risk thunderstorms afternoon-evening. Isolated showers west at first, otherwise dry start in east. However, showers developing to become widespread afternoon, heavy downpours drift slowly eastward toward evening. Risk thunder. Some hail. Wet snow at times higher tops above 1100m.
Cloud on the hills?	Occasional over upper slopes Hills clear at times, however in showery rain, patches or banks forming, mainly above 800-1000m, but varying in extent in and out of showers, ragged patches briefly to lower elevations.
Chance of cloud free Munros?	70%
Sunshine? Air clarity (below cloud)	Patches of sun, most frequent eastern hills in morning, then clouding over widely. Visibility very good, but sometimes poor in showers.
How Cold? (at 900m)	3 or 4C. Feeling below freezing in the breeze, nearer -5C by later in day.
Freezing Level	1300-1400m

Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 10 June	Thursday 11 June
How windy? (On the Munros) Effect of wind on you?	West to southwesterly 10 to 15mph, rising to 20mph afternoon, or local 25mph Ben Alder area later. Mostly small until afternoon, but marked wind chill where exposed to the strongest breeze, particularly later in day.	Southerly 20 to 30mph, risk reaching gusty 35-40mph higher Cairngorms for a time, later may turn southwesterly. Blustery over higher mountains, at times affecting ease of walking and balance on exposed tops. Considerable wind chill.
How wet? (Precipitation and its impact)	Showers forming widely, risk thunder. Mostly dry start. Then showers will move in and also develop further across the area to become widely showery in afternoon, hail and thunder, sleet tops. Later in day, heavier showers focused toward east, odd light showers west.	Rain most persistent southwest Rain soon spilling in from the southwest, most persistent southern Cairngorms to Ben Alder, risk some steadier rain setting in more widely, patchier toward northeast.
Cloud on the hills?	Forming on tops in rain Often clear in the morning, brief patches, but as showers develop widely, banks lower onto higher terrain above 800m and linger for a while, varied patches	Increasingly extensive Varied cloud banks filling in soonest over more southern hills, but likely becoming extensive, with time shrouding most hills above 700-900m, lower at times in south.
Chance of cloud free Munros?	70% dropping to 40% in rain	20%
Sunshine? Air clarity (below cloud)	Best sun early in day, before skies tend to fill in with cloud by late morning. Visibility very good, but poor in afternoon showers.	Largely cloudy, dull southwest, some brighter skies north/east. Visibility good where dry, but poor in rain.
How Cold? (at 900m) Freezing Level	3 to 5C, chilliest in the morning. Feeling near -5C in the stronger breeze on higher tops. 1200-1300m morning, lifting just above highest tops afternoon.	3C rising to 6C. Feeling like -5 to -8C directly in wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Wednesday, 10 June, 2026**

A changeable pattern continues this week with west-southwesterly winds prevailing, bringing a mix of rain and showers in from the Atlantic. A period of more persistent rain on Thursday. Pressure tends to rise from the south toward the weekend, bringing warmer air and drier conditions particularly England & Wales, although western mountains will remain often cloudy, some patchy rain remaining in west and northwest Scotland into the weekend. Into next week, a mixed southwesterly pattern remains possible, with some rain, drizzle and low cloud mostly in the west, but with higher pressure trying to expand northward, the week looks generally drier and warmer than the present time.

Forecast issued at 16:00 on Monday, 8 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.