

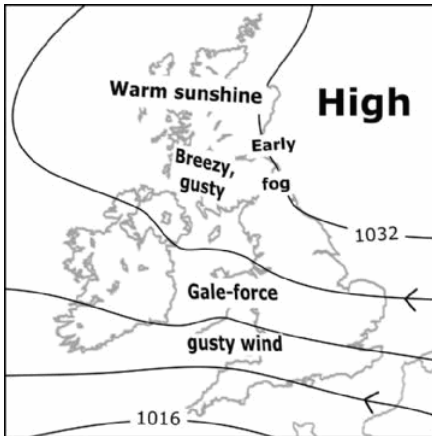
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



**Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com**

General Summary for Wednesday, 29 April, 2026



**British Mountain Summary:
Based on forecast chart for noon 29 April, 2026**

Dry with extensive strong sunshine all day, beware sunburn. Patchy low-level fog soon clearing early morning. Fairly light wind for much of the Highlands, but gustier further southwest. Strong and gusty easterlies for England and particularly Wales, powerful gale-force gusts downslope in places.

Headline for Cairngorms NP and Monadhliath

Light wind. Warm sunshine.

Detailed Forecast for Wednesday, 29 April, 2026

How windy? (On the Munros)	South to southeasterly or variable, 10mph, often less in morning. Increasing a little later afternoon onward, gusty 20mph in places.
Effect of wind on you?	Negligible much of day, some more noticeable gusts later.
How wet? (Precipitation and its impact)	No rain expected
Cloud on the hills?	Hills clear Patchy fog from dawn in glens, briefly some fog lifting onto lower hill slopes mostly south Cairngorms NP, but soon dissipating to be clear.
Chance of cloud free Munros?	Practically certain
Sunshine? Air clarity (below cloud)	Widely sunny. Excellent visibility.
How Cold? (at 900m)	8C rising to 10 to 12C, warmest toward the Monadhliath and northwest Cairngorms. (Locally above 20C in glens toward west by afternoon)
Freezing Level	Above the summits. Slight frost at dawn in sheltered glens.

Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 30 April	Friday 1 May
How windy? (On the Munros) Effect of wind on you?	South to southeasterly 20 to 35mph, gusty particularly more eastern hills and in places downslope from northern corries. Varied but some noticeable gusty spots, more blustery affecting balance on some slopes, not just the high tops.	South to southwesterly, 15 to 20mph, occasional gusts developing, especially if showers occur. Mostly fairly small.
How wet? (Precipitation and its impact)	No rain expected	Risk a burst of rain later High uncertainty - likely only spots from high cloud, but mainly later in day, local bursts of rain may form, possibly thundery.
Cloud on the hills?	None expected	Clear most or all day The mountains substantially clear all day, but later if a shower occurs, odd patches may form at various heights.
Chance of cloud free Munros?	Practically certain	Above 90%
Sunshine? Air clarity (below cloud)	Extensive sunshine, some thin high cloud at times. Excellent visibility.	Sun fairly weak through a veil of high cloud, which may extend across the sky. Visibility very good, slight haze develops.
How Cold? (at 900m) Freezing Level	7C rising to 10 to 12C afternoon, warmest northwestern areas toward Monadhliath. Feeling near freezing directly in the wind. Above the summits. Slight frost in glens at dawn.	10C to locally 12C afternoon, then tending to lower into evening from west. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 30 April, 2026

Dry and sunny through Thursday, but windy with powerful gusts particularly England and Wales. Then a change to more mixed conditions, with sporadic bursts of rain developing on Friday. In the short-term, very dry grass and moorland conditions over mountain terrain continues to present a very high fire risk. Lower pressure into the Bank Holiday weekend - cooler with a mix of sunny spells and showers in the extended forecast, but uncertain local details. Higher Scottish mountains particularly toward the north at least briefly dropping to around freezing over the weekend. Also expect slight frost more widely in sheltered valleys up to dawn through this week and the weekend where skies are clear.

Forecast issued at 16:24 on Tuesday, 28 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.