

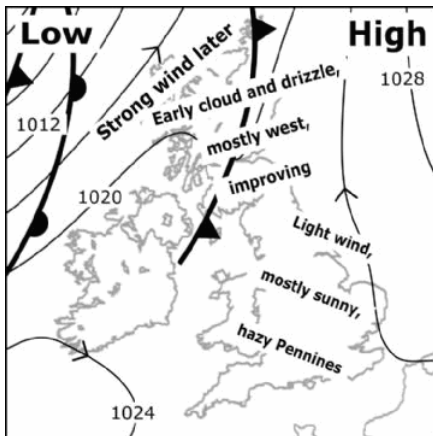
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Wednesday, 8 April, 2026



British Mountain Summary:

Based on forecast chart for noon 8 April, 2026

Light wind and warm England and Wales; mostly clear hills and often sunny; some haze weakens visibility, notably Pennines. Some hill-cloud lingers in Lakeland. Morning cloud and summit drizzle west/central Scotland, cloud moves east but an improving trend; wind strengthens northwest, cooler here too.

Headline for Cairngorms NP and Monadhliath

Early cloud breaks, clearest north where feeling warm

Detailed Forecast for Wednesday, 8 April, 2026

How windy? (On the Munros)	Southwesterly 15-20mph, strongest higher Cairngorms; some variability, strong gusts over summits later, up to 30-35mph.
Effect of wind on you?	Fairly small in places, but risk uncomfortably gusty over higher terrain, particularly later in the day when gusts will begin to affect stability.
How wet? (Precipitation and its impact)	Little or no rain In the morning, some fine drizzle drifting around the high western tops, also a chance of some patchy rain further east. With time, rain and drizzle fades for dry mountains.
Cloud on the hills?	Fairly extensive morning, a breaking trend, best clearance north From dawn, a fairly extensive layer of cloud shrouds the Cairngorm plateau with base down to middle southern slopes, as well as towards Drumochter/southern Monadhliath. A lifting and breaking trend with time, cloud lingers longest on Deeside slopes, but most summits likely see clear periods afternoon. Northeast slopes clearest all day.
Chance of cloud free Munros?	30% rising to 70%
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun, perhaps more sun afternoon, sunshine more extensive northern Cairngorm plateau. Visibility excellent, a distant haze to the east.
How Cold? (at 900m)	7 to 9C, little change with added height in the morning. Mildest north and east where may locally rise to 10C.
Freezing Level	Above the summits.

Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 9 April	Friday 10 April
How windy? (On the Munros) Effect of wind on you?	Gusty west-southwesterly 20-30mph, gusts approaching 35mph occasionally. May be fairly small at times, though blustery on high Cairngorm plateau and feeling chilly.	Southwesterly 15-25mph dawn, shifting southerly and strengthening, towards 45-55mph over high Cairngorms by dusk. Fairly small in the east at first, but walking increasingly challenging through afternoon with severe wind chill.
How wet? (Precipitation and its impact)	Morning rain, afternoon showers A band of rain passes east across all areas through the morning, falling as snow on the high tops, breaking afternoon into scattered snow showers, most frequent near and west of the A9.	Substantially dry Precipitation unlikely until late in the day, when patchy rain and snow arrives from the south, falling as snow above 600-700m, and mostly confined to Drumochter/south Cairngorm slopes.
Cloud on the hills? Chance of cloud free Munros?	Early cloud, lifting to high terrain with breaks Fairly extensive over high terrain at dawn, to middle south and western slopes. Breaking from the west to mostly above 1000m, breaks off the high tops, then cloud returning in showers; eastern tops may stay clear for longer stretches. 10% early, rising to 50%	Cloud on high terrain afternoon Some patchy mist in glens/corries in the morning, this soon lifting and dissipating for cloud-free hills into afternoon. With time afternoon, cloud returns to high terrain, mostly central highlands where bases will approach 800m. 70%
Sunshine? Air clarity (below cloud)	Overcast early with poor visibility in rain, bursts of bright sunshine breaking out afternoon with very good visibility.	Mostly sunny through morning, high cloud building afternoon, mostly cloudy by dusk. Good visibility.
How Cold? (at 900m) Freezing Level	2 to 5C at dawn, mildest northeast slopes, cooling from the west to 0C. Feeling like -10C in strongest wind. Just above the summits at dawn, soon lowering from the west, to 900m afternoon/evening, locally higher east.	-2C, rising to +1C. Staying lifted for several hours into night. Later, feeling like -13 to -15C in wind. 500-600m from dawn, light frosts likely in glens too. Gradually lifting to 900-1000m.

Planning Outlook

All mountain areas of Britain from Thursday, 9 April, 2026

Variable weather regimes in the extended forecast. Atlantic west-southwesterly winds will be dominant, with low pressure to the northwest of the country, bringing cloud, rain, and mild temperatures, often followed by sun, showers, and cooler temperatures; rain will be increasingly common to the high Munros, but the snowfall level will lower too during periods of cooler weather, and perhaps to high Lakeland fells too, though any snow unlikely to accumulate here.

In the longer term, indications of high pressure increasingly building from the southwest, bringing drier, brighter, and milder conditions to England and Wales and occasionally Scotland too, though the risk of occasional rain and cooler temperatures remains.

Forecast issued at 16:09 on Tuesday, 7 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.