

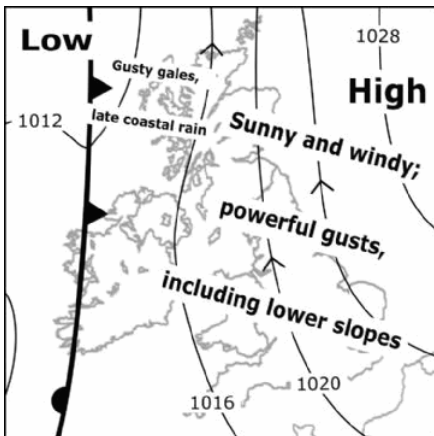
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



**Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com**

General Summary for Tuesday, 7 April, 2026



British Mountain Summary: Based on forecast chart for noon 7 April, 2026

Patchy mist in some sheltered valleys at dawn, soon dissipating for sunshine and cloud-free hills, locally hazy. Mild temperatures, including to summits, particularly Wales where summits may be several degrees warmer than mid-slopes. High cloud builds, thickest north and west, some rain northwest Scotland later.

Headline for Cairngorms NP and Monadhliath

Wind strengthens, powerful gusts; sunny, high cloud builds

Detailed Forecast for Tuesday, 7 April, 2026

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>South to southeasterly 25 to 35mph at dawn; very gusty and a strengthening trend, 40-50mph into evening with powerful gusts over summits and downslope to the north, perhaps lower slopes too.</p> <p>Variable, in places fairly small early in the day, but sudden buffeting gusts will make walking and balance challenging, not just on tops; more consistently arduous with time.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Rain not expected until late/night</p> <p>Toward dusk, thickening high cloud may give odd spots, locally a brief burst of rain possible over Monadhliath. After dark, risk of rain more widely, but likely patchy, a small risk of a heavy burst.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>Hills clear</p> <p>Patchy mist some glens at first. The mountains very likely clear all day.</p> <p>Above 90%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Bright sunshine, thin high cloud slowly building, gradually thickening and later may cover the sky. Visibility excellent but some haze to the east.</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>6C rising toward 10C, up to 12C on sunny northern slopes. Little change with added height. Directly in the stronger wind, feeling below freezing despite warm air.</p> <p>Above the summits. Possible slight frost some sheltered glens at dawn.</p>

Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 8 April	Thursday 9 April
How windy? (On the Munros) Effect of wind on you?	South-southwesterly 15-25mph, strongest higher Cairngorms; some variability, approaching 30mph summits later. Fairly small in places, but risk uncomfortably gusty over higher terrain, may become more blustery.	A gusty westerly 20-25mph, gusts approaching 30mph occasionally. May be fairly small at times, though blustery on high Cairngorm plateau and feeling chilly.
How wet? (Precipitation and its impact)	Little or no rain Substantially dry, an odd patch of rain/some drizzle around Drumochter. Later, greater risk of some patchy rain moving into western areas.	Morning rain, afternoon showers west A band of rain passes east across all areas through the morning, falling as snow on the high tops, breaking afternoon into scattered snow showers around and west of the A9.
Cloud on the hills? Chance of cloud free Munros?	Some patches, likely clearing Patchy cloud around some slopes at varied heights from dawn, becoming confined to higher tops and tending to thin and largely break up, though may briefly return to the high tops for brief periods afternoon. 70%	Early cloud, lifting to high terrain with breaks Fairly extensive over high terrain at dawn, to middle south and western slopes. Breaking from the west to mostly above 1000m, breaks off the high tops, then cloud returning in showers; eastern tops may stay clear for longer stretches. Rising to 50%
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun, perhaps more sun afternoon. Visibility excellent.	Overcast early with poor visibility in rain, bursts of bright sunshine breaking out afternoon with very good visibility.
How Cold? (at 900m) Freezing Level	7 to 9C, mildest north and east where may locally rise to 10C. Above the summits.	2 to 5C at dawn, mildest east, cooling from the west to 0C. Feeling like -10C in strongest wind. Just above the summits at dawn, soon lowering from the west, to 800-900m afternoon/evening, locally higher east.

Planning Outlook

All mountain areas of Britain from Wednesday, 8 April, 2026

Variable temperature in the near term: warm on Wednesday for England & Wales at least, becoming cooler over western Scotland as a cold front sweeps eastward; more widely cooler Thursday with freezing temperatures on high terrain and snow showers; milder by Friday with some sun in England and Wales, settling on near-average temperatures over the weekend. A changeable mix of weather during this period with some rain and showers with snow or hail on the hills, and often windy late week into the weekend in Scotland. More settled England and Wales but a few windy, wet spells will affect these areas too. Into the following week, first indications of high pressure building, winds shifted easterly bringing some rain to eastern areas but often sunny with lighter wind and near-average temperatures.

Forecast issued at 15:53 on Monday, 6 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.