

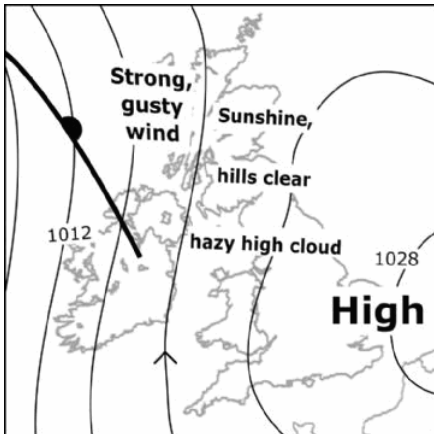
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Monday, 6 April, 2026



British Mountain Summary:

Based on forecast chart for noon 6 April, 2026

Gusty southerly winds, strongest on west coastal mountains in Scotland. A chilly start with frost, notably chilly at first in the Highlands, gradually warming up to rise above freezing later to all tops. Generally dry, with sun and a veil of high cloud, but most hills clear. A little rain may graze western Scotland later.

Headline for Cairngorms NP and Monadhliath

Gusty wind. Dry with sun, hills largely clear.

Detailed Forecast for Monday, 6 April, 2026

How windy? (On the Munros)	Southwest turning southerly, 20 to 35mph, tending to strengthen during day, stronger gusts develop later in day higher Cairngorms.
Effect of wind on you?	Fairly small in places, but increasingly affecting ease of walking on higher exposed terrain; notably gusty downslope around northern corries.
How wet? (Precipitation and its impact)	Rain unlikely Very likely dry. Low chance of odd spots from thickening high cloud toward evening, mostly southwest areas. Substantial snow cover across the mountains
Cloud on the hills?	Little if any Patchy cloud briefly drifting over some slopes, mostly southern areas and later in the day, but most mountains largely free of low cloud.
Chance of cloud free Munros?	90%
Sunshine? Air clarity (below cloud)	Sunshine and a veil of high cloud, which may cover the sky more with time in west. Visibility excellent.
How Cold? (at 900m)	-1C from dawn, rising to +2C or locally +4C toward north afternoon. Feeling like -5 to -10C directly in wind.
Freezing Level	Hard frost in glens in morning, much mountain terrain frozen all day, but air temperature rising above freezing to tops by late in day.

Cairngorms NP and Monadhliath - Looking Ahead

	Tuesday 7 April	Wednesday 8 April
How windy? (On the Munros) Effect of wind on you?	South to southeasterly 25 to 40mph, but in places 50mph, very gusty to north of high summits and near northern corries. Variable, in places fairly small, but sudden buffeting gusts will make walking and balance challenging, not just on tops.	South to southwesterly 20 to 30mph, strongest around higher Cairngorms, speed may vary, risk later 40mph. Fairly small in places, but risk uncomfortably gusty over higher terrain, may become more blustery.
How wet? (Precipitation and its impact)	Rain not expected until late Toward dusk, thickening high cloud may give odd spots, locally a brief burst of rain possible. After dark, risk of rain more widely, but likely patchy.	Little or no rain Substantially dry, an odd patch of rain or brief local shower. Onward into night, greater risk of some steadier rain moving into western areas.
Cloud on the hills?	Hills clear Patchy mist some glens at first. The mountains very likely clear all day.	Some patches, likely clearing Patchy cloud around some slopes at varied heights from dawn, becoming confined to higher tops and tending to thin and largely break up.
Chance of cloud free Munros?	Above 90%	70%
Sunshine? Air clarity (below cloud)	Sunshine and thin high cloud, tending to gradually thicken during the day, later may cover the sky. Visibility excellent.	Patchwork of sun, then high cloud tends to thicken again from west. Visibility excellent.
How Cold? (at 900m) Freezing Level	6C rising toward 10C. Directly in the stronger wind, feeling below freezing despite warm air. Above the summits. Possible slight frost some sheltered glens at dawn.	4 to 6C, coolest toward west. Feeling like -7C directly in the wind on high tops. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 7 April, 2026**

Quite warm by Tuesday, but strong to gale force southerly winds widely, very gusty in places, not just over the highest tops; dry for many, rain encroaching into western Scotland, thawing of recent snow. Staying warm on Wednesday for England & Wales at least, becoming cooler over western Scotland, then more widely cooler Thursday; milder by Friday, then likely chilly again by weekend - cooler spells will drop sub-zero on Scottish tops. A changeable mix of weather with some rain and showers with snow or hail on the hills, and often windy late week into the weekend in Scotland, whilst England & Wales will be generally drier and less windy in the outlook.

Forecast issued at 16:29 on Sunday, 5 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.