

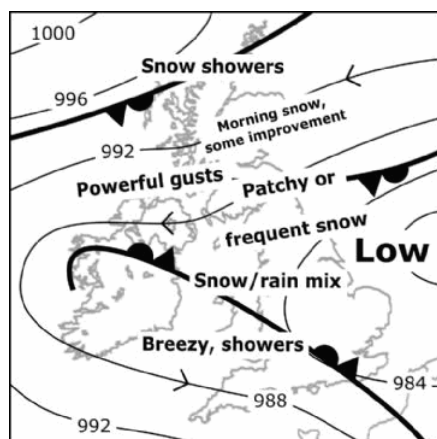
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Thursday, 12 February, 2026



British Mountain Summary:

Based on forecast chart for noon 12 February, 2026

Very cold in Scotland with strong wind. Snow in the central/south highlands, some improvement from the north. Blustery too in north England, cloudy with patchy morning snow, later more frequent. South Pennines and north Wales see rain and snow with lighter wind. Blustery with patchy rain south Wales.

Headline for Cairngorms NP and Monadhliath

Bitterly cold and windy; cloud and snow showers north areas

Detailed Forecast for Thursday, 12 February, 2026

How windy? (On the Munros)	East-northeasterly 30-40mph, trending northeasterly and easing, 20-30mph, though may remain gusty over high tops.
Effect of wind on you?	Arduous walking with severe wind chill early, slowly easing with time, though always blustery in exposure.
How wet? (Precipitation and its impact)	Morning snow, breaking to showers north Morning snow, most over the high Cairngorms and eastern hills/Deeside. The snow soon breaks into showers from the north, some reaching towards Strathspey/Monadhliath, occasionally slipping to southern slopes.
Cloud on the hills?	Lifting to high terrain/northern slopes Fairly extensive across most hills down to middle slopes from dawn, soon lifting and becoming more broken, mostly lingering on the Cairngorm plateau and northern slopes, some bases to middle slopes in snow.
Chance of cloud free Munros?	30%
Sunshine? Air clarity (below cloud)	Some glimpses of weak sun possible later but mostly cloudy. Visibility becoming very good where away from snow showers.
How Cold? (at 900m)	-4 or -5C (to -8C on highest summits). Temperature will drop overnight. Feeling like -20C or colder in strongest direct wind.
Freezing Level	Frost to glen level likely widespread from dawn.

All mountain areas of Britain from Friday, 13 February, 2026

Colder for all areas during the transition into the weekend, mountain terrain frozen to increasingly lower elevations - soonest toward the north and east of Scotland. A widespread frost early on Saturday. Northeasterly wind will be dominant - the distribution of snow showers shifting with time from eastern hills to more north-facing mountains, particularly Scotland. Brighter than recently with sunshine and clearer hills later Friday and Saturday. Gales with heavy snow (rain to increasingly higher elevations) overnight into Sunday brings a return to unsettled weather for the following week - wet and windy periods come and go, freezing levels rising (high Scotland terrain stays frozen), then lowering again during periods of northwesterly wind.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.