

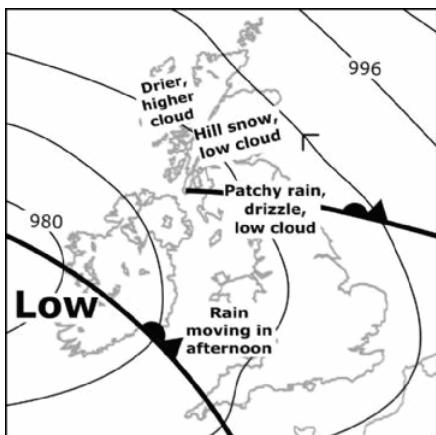
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Tuesday, 10 February, 2026



### British Mountain Summary:

Based on forecast chart for noon 10 February, 2026

Windy and significant chill factor for the Highlands - murky and snow falling over the hills most persistent in eastern Scotland, rain below 600m. Better toward northwest, some cloud breaks toward coast. In northern England, lessening wind, patchy rain fading, low cloud rising higher. Drier until later for Wales.

### Headline for Cairngorms NP and Monadhliath

Strong, gusty wind. Persistent hill snow and blanket low cloud.

## Detailed Forecast for Tuesday, 10 February, 2026

How windy? (On the Munros)	Southeasterly 30 to 40mph.
Effect of wind on you?	<b>Walking increasingly arduous with height: here and there sudden gusts reaching lower slopes northwest of major summits. Significant wind chill.</b>
How wet? (Precipitation and its impact)	<b>Rain and snow frequently</b> Rain, drizzle or above about 600m snow, but wetter a little higher up near Drumochter. Rarely ceasing most of region although total precipitation small Monadhliath.
Cloud on the hills?	<b>Extensive from low levels up</b> Persistent fog above 300 to 450m, although a little higher west of A9, perhaps 600m Monadhliath.
Chance of cloud free Munros?	<b>Almost nil</b>
Sunshine? Air clarity (below cloud)	Dull and murky. Difficult navigation where in fog over snow cover and where snow also blows around.
How Cold? (at 900m)	0 or -1C. Will feel near -12C directly in the wind.
Freezing Level	800 to 1000m, highest typically around the A9 corridor westward.

## Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 11 February	Thursday 12 February
<b>How windy? (On the Munros)</b>	Easterly in the range 30 to 45mph.	East-northeasterly 35-50mph, trending northeasterly with time, easing slightly.
<b>Effect of wind on you?</b>	<b>Widely arduous or difficult walking and significant wind chill.</b>	<b>Greatest chance of challenging conditions and severe wind chill early, may improve but staying blustery.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Snow; probably almost constant</b> Frequent or constant snow much of region, although mostly rain valleys. Generally lightest and most patchy snow will be near and west of A9.	<b>Snow, turning showery</b> Morning snow, most over the high Cairngorms and eastern hills. The snow breaks into showers from the north, some reaching towards Strathspey/Monadhliath, southern slopes often dry.
<b>Cloud on the hills?</b>	<b>Blanket of fog across the mountains</b> Most hills persistently cloud covered above 400 to 600m - or lower Deeside.	<b>Lifting to high terrain/northern slopes</b> Fairly extensive across most hills down to middle slopes from dawn, soon lifting and becoming more broken, mostly lingering on the Cairngorm plateau and northern slopes, some bases quite low in snow.
<b>Chance of cloud free Munros?</b>	<b>Almost nil</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Overcast, dull or murky. Very poor or appalling visibility in snow.	Sun bursts increasingly break out south of the Cairngorm plateau, rarer in the north. Often very good visibility where away from snow showers.
<b>How Cold? (at 900m)</b>	-1 to -3C: tending to lower from north. Will feel as cold as -15C directly in the wind.	-5C (to -8C on highest summits). Feeling like -20 to -25C in strongest wind.
<b>Freezing Level</b>	Dropping from north to between 500 and 750m.	Frost to glen level likely widespread from dawn.

**Planning Outlook****All mountain areas of Britain from Wednesday, 11 February, 2026**

Becoming colder for all areas during this week, with much mountain terrain frozen again to increasingly lower elevations - soonest toward the north and east of Scotland. East to northeasterly winds in the second half of the week, turning northerly toward the weekend - the distribution of snow showers shifting with time from eastern hills to more north-facing mountains, particularly Scotland. Away from showers later in the week, brighter than recently with sunshine and clearer hills.

**Forecast issued at 16:07 on Monday, 9 February, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.