

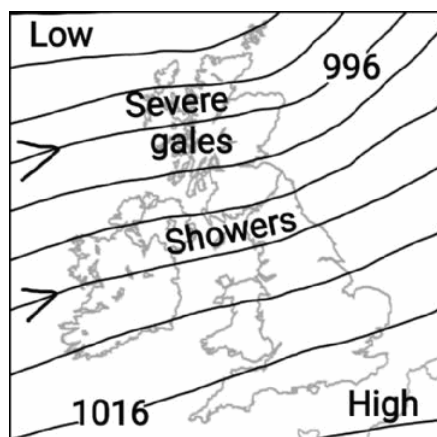
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Friday, 19 December, 2025



### British Mountain Summary:

**Based on forecast chart for noon 19 December, 2025**

Southwesterly gales, severe across the Highlands, giving significant wind chill and showers. Showers frequent western Scotland, with snow falling down to 800m with hail and risk lightning. Scattered showers for England and Wales where hill fog confined to western tops.

### Headline for Cairngorms NP and Monadhliath

Severe gales; significant wind chill. Showers, mostly west, snow tops.

## Detailed Forecast for Friday, 19 December, 2025

<b>How windy? (On the Munros)</b>	Southwesterly 50 to 70mph.
<b>Effect of wind on you?</b>	<b>Difficult conditions over the mountains, frequent buffeting from modest elevations upward. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Showers mostly west, hail, snow tops</b> Showery precipitation most common in areas near and west of the A9, with hail, also falling as snow above 800m. Becoming more scattered later in the day. Few showers reaching eastern hills.
<b>Cloud on the hills?</b>	<b>Mostly higher tops, breaks east</b> Frequently on higher slopes toward western Cairngorms NP and Monadhliath, base mostly above 800m. Often above 1000-1100m east, good breaks likely.
<b>Chance of cloud free Munros?</b>	<b>50%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Occasional sun, best toward east. Visibility often very good, but at times very poor in showers in west.
<b>How Cold? (at 900m)</b>	0 to 1C, slight rise later. Feeling like -15C directly in the wind.
<b>Freezing Level</b>	900 to 1000m, may then rise a little to 1200m onward into the night.

**All mountain areas of Britain from Saturday, 20 December, 2025**

A switch to east-southeasterly winds by Sunday into early next week, some residual rain and high-level snow, but a drier and colder theme develops into the Christmas period and perhaps into the New Year, as high pressure builds to the north and northeast. An extensive cloud sheet will likely come in from the North Sea over many days with light snow showers or flurries likely, rain to lower slopes, but many areas dry. Best breaks in the west.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2025.