

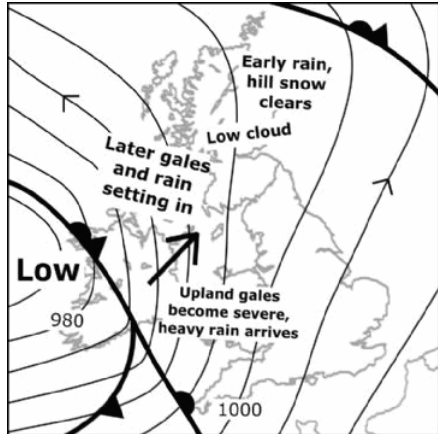
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Friday, 5 December, 2025



British Mountain Summary: Based on forecast chart for noon 5 December, 2025

South-southeasterly winds strengthen, reaching gale-force afternoon many areas, sooner Wales, here becoming severe. Some rain / hill snow NE Scotland fades, patchy rain west coasts, otherwise dry, then rain sweeps in from southwest later, snow inland mountains into evening. Best cloud breaks NW Scotland.

Headline for Cairngorms NP and Monadhliath

Gusty wind eases; gales later. A little early snow, low cloud south.

Detailed Forecast for Friday, 5 December, 2025

How windy? (On the Munros) Effect of wind on you?	Southeasterly, 30-35mph, gusty in places early in day, dropping to 25mph or less for a few hours middle of day. Rising to 45-55mph toward and beyond dusk, further deteriorating into night to 60-70mph. Comfortable walking affected from dawn, sudden buffeting gusts in places, easing for a few hours, but then deteriorating to difficult conditions into and overnight. Significant wind chill early and later.
How wet? (Precipitation and its impact)	Patchy sleet/snow south and east in morning; snow/rain into night A few patches of sleet/snow, mostly south Cairngorm slopes and Deeside in the morning, fading out. Rain (snow on high terrain, falling below 800m for a time) sets in widely after dark.
Cloud on the hills? Chance of cloud free Munros?	South and east slopes often shrouded Fairly persistent banks of cloud from Deeside to Drumochter and south Monadhliath, bases between 500-700m. Northern slopes often clear though a few patches will drift onto eastern areas. 20% high tops and south, 60% northern hills
Sunshine? Air clarity (below cloud)	Some patchy sun in the north, high cloud thickening to cover the sky. Very good visibility out of cloud, particularly north, mistier southern hills.
How Cold? (at 900m) Freezing Level	0C; will rise a few degrees in the late overnight hours. Wind chill effect will vary, but early and late -10C to near -15C highest tops. Poorly defined, 600-800m, though frost at lower elevations, including in glens. Rising overnight variably to upper slopes.

All mountain areas of Britain from Saturday, 6 December, 2025

Generally unsettled through the weekend and into next week with areas of low pressure circulating near to the British Isles. Day-to-day detail will be uncertain even in short-range as complex systems move around slowly - a series of frontal systems bringing spells of rain and some high-level snow, mixed with showers with hail mostly near western coasts. Temperatures often on the milder side compared to recently, with typically only higher tops in the Highlands intermittently just below freezing point, expect periods of thawing up to these tops. Wind speeds will also vary, often south to southwesterlies, at times reaching gale force on tops, but intermittent lulls.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.