#### MOUNTAIN WEATHER INFORMATION SERVICE

# **Cairngorms NP and Monadhliath**

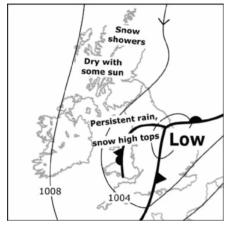
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Saturday, 29 November, 2025



# British Mountain Summary: Based on forecast chart for noon 29 November, 2025

Snow showers toward northern Scotland, but much of the Highlands will be dry - sunshine and cloud breaks best toward southwest; sub-zero on tops, chilly northerly breeze. England and Wales sees rain fairly widely, snow falling on higher tops; wind very variable, but risk gales developing.

#### **Headline for Cairngorms NP and Monadhliath**

Cold and breezy, some snow and hail showers north.

# **Detailed Forecast for Saturday, 29 November, 2025**

How windy? (On the Munros)	Northerly, 15 to 25mph, tending to increase a little, more often 30mph toward dusk, 35mph at times into evening.	
Effect of wind on you?	Be prepared for significant wind chill in exposure on higher terrain, feeling blustery on the tops.	
How wet? (Precipitation and its impact)	Brief snow and hail showers north  Scattered snow and hail showers, mostly northern Cairngorms to Monadhliath.  Evening into night, risk periods of snow, persistent and heavier for a time north.	
Cloud on the hills?	Varying, covering tops fairly widely  Cloud cover variable across area, but often across the tops above 900m; most persistent north, breaks higher and more often in the southern Cairngorms NP.	
Chance of cloud free Munros?	30%, to 50% areas near Glen Garry	
Sunshine? Air clarity (below cloud)	A mix of cloud and patchy sun; the latter mostly in the south.  Visibility excellent, but briefly very poor in showers.	
How Cold? (at 900m)	-2 or -3C. Feeling like -12C if exposed to stronger wind.	
Freezing Level	600m; partly frozen terrain lower down at least in morning.	

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#### Cairngorms NP and Monadhliath - Looking Ahead

	Sunday 30 November	Monday 1 December
How windy? (On the Munros)  Effect of wind on you?	Northeasterly 20-25mph at first, dropping light and variable. Then likely to strengthen southerly into night to 50mph.  Marked wind chill in exposure for a time, but becoming small.  Deteriorating onward into night.	Uncertain forecast: Southerly - a possible lull after overnight gales, but risk a sudden increase again during day to 50mph.  Small perhaps for half the day at least, but beware conditions worsening again to give difficult walking.
How wet?	Local flurries	Risk rain and hill snow developing
(Precipitation and its impact)	Occasional snow flurries mostly northern Cairngorms to areas north from Deeside.	Overnight hill snow finishing mainly as rain toward higher slopes, fading by dawn. Largely dry for a few hours, but risk further rain developing from south with time, turning back to snow on tops.
Cloud on the hills?	Risk cloud banks slow to clear N/E	Varied, some breaks north
	Cloud banks may shroud higher and northern Cairngorms above 800-1000m in the morning at least. Cloud more broken south & westwards. Tending to break up, but some patches may cling all day.	Patchy cloud at various heights from dawn, more extensive in southern areas, but breaks to some higher slopes for a time north of Cairngorms. Lowering widely if rain/snow returns.
Chance of cloud free Munros?	50%	30%
Sunshine? Air clarity (below cloud)	Cloudy northern areas, some sun toward south, then sunnier widely, before thin high cloud builds from west later. Visibility excellent out of cloud.	Sun mostly obscured by high cloud, but may be bright with good visibility in morning, then dull overcast skies, visibility poor in rain/snow.
How Cold? (at 900m)	-2 or -3C, small variation with height. Feeling nearer -10C if exposed to breeze.	1 or 2C, later 0C. Feeling like -10C or below if exposed to stronger winds.
Freezing Level	Much terrain frozen with frost into glens, only partial thawing lowest sunlit slopes up to around 400-500m.	Rising up to dawn, to around 1100-1200m, briefly higher. Tending to drop later to around 900-1000m.

### **Planning Outlook**

#### All mountain areas of Britain from Sunday, 30 November, 2025

After a lull on Sunday, areas of low pressure then circulating to the west and north will dominate the weather pattern into next week, bringing generally unsettled weather. Southwesterly air and briefly milder into Monday, with rain for most places at times, but prolonged heavier rain for England and Wales. Then typically cooler with showery conditions - higher mountains near or just below freezing point likely for the remainder of the week - some snow on tops, occasional hail. Wind speed likely to vary, some squally gusty spells, but also some lulls possible during the week ahead.

#### Forecast issued at 16:25 on Friday, 28 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.