

Cairngorms NP and Monadhliath

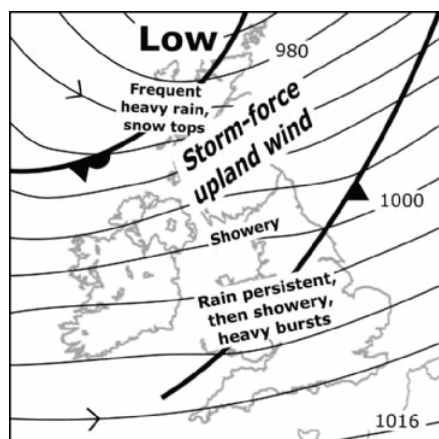
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Friday, 28 November, 2025



British Mountain Summary:

Based on forecast chart for noon 28 November, 2025

Stormy conditions over Scottish mountains, easing only toward dusk; frequent or persistent rain and hill snow, heaviest western mountains. Severe gales high tops England & Wales, squally stormy gusts for a time with heavy bursts of rain. Risk of hail and isolated thunder, mainly western areas.

Headline for Cairngorms NP and Monadhliath

Stormy mountains winds most of day. Showery rain, snow tops.

Detailed Forecast for Friday, 28 November, 2025

How windy? (On the Munros)	Southwesterly 70 to 80mph, gusts to 100mph higher Cairngorms until early afternoon; peak speeds gradually lessening, from dusk starting to drop toward 40mph, then less into night.
Effect of wind on you?	Extensively very difficult conditions with severe wind chill and buffeting - any mobility challenging mid-heights upward. Strong gusts into glens. Improving only from dusk onward.
How wet? (Precipitation and its impact)	Showers increasingly, snow upper slopes Showers increasingly frequent. Most common on hills from Ben Alder to Drumochter. Falling as snow above 800m, possible hail in heavier bursts. Few brief showers reaching eastern hills.
Cloud on the hills?	Occasionally covering tops Bases varying markedly, but extensively covering tops Ben Alder to Drumochter. More on and off tops elsewhere, down to 700-800m in showers.
Chance of cloud free Munros?	40%
Sunshine? Air clarity (below cloud)	Occasional sun, perhaps frequent in east. Visibility ranging from very good, to poor or very poor in showers.
How Cold? (at 900m)	0 or 1C. Wind chill feeling like -15 to -20C.
Freezing Level	900 to 1000m

All mountain areas of Britain from Saturday, 29 November, 2025

Colder over the weekend with the mountains near or below freezing point, including frost into glens in Scotland by Saturday night. A small scale low on Saturday most likely affects England and Wales bringing rain , upland snow and a core of strong winds for a time. Sunday then mostly dry, bright and cold. Next week, Atlantic lows passing across or just north of Britain will bring frequent rainfall to western mountains together with upland gales. A mix of chilly westerly air and some milder southwesterlies. Freeze-thaw cycles, with periods of fresh snow mostly for Scottish hills, briefly high tops elsewhere.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.