

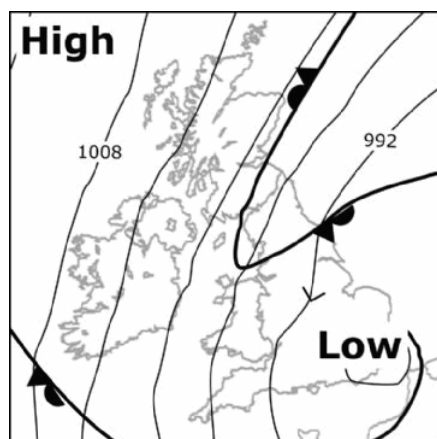
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Monday, 24 November, 2025



British Mountain Summary:

Based on forecast chart for noon 24 November, 2025

Turning cold from north and extensively windy behind an area of low pressure centred over SE England. Snow and hail showers will affect N & E Scotland, whilst further south patchy rain (sleet highest summits), but total rainfall small.

Headline for Cairngorms NP and Monadhliath

Snow and hail showers, very frequent Cairngorms; windy.

Detailed Forecast for Monday, 24 November, 2025

How windy? (On the Munros)	Northerly, 30 or 35mph. perhaps 40mph Cairngorms east to Lochnagar morning. Will ease slowly afternoon.
Effect of wind on you?	Walking arduous, sometimes difficult, particularly near precipitation, where in sudden gusts balance challenging.
How wet? (Precipitation and its impact)	Frequent snow and hail, particularly Cairngorms NP. Frequent hail or snow showers above 400m, Cairngorms and Deeside, where precipitation at times almost constant, giving whiteout. Fewer showers southern summits in Cairngorms NP and Monadhliath and only the odd flurry toward Ben Alder.
Cloud on the hills?	Extensively covering higher areas; highest cloud base toward south Cairngorms east to Lochnagar: cloud base varying as showers coming and going: typically 600m, but shafts of cloud below 400m near precipitation. Higher cloud base elsewhere, where 600 to 900m but east toward Ben Alder, 900 to 1100m.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Bursts of sunshine, mainly or only southern summits in Cairngorms NP east to Ben Alder. Very poor or appalling visibility in snow, but otherwise, very good.
How Cold? (at 900m)	-1C; dropping marginally through the day. Will feel as cold as minus 12C directly in the wind.
Freezing Level	900m dropping from north toward 700m. Risk slight frost some valleys after dawn.

Cairngorms NP and Monadhliath - Looking Ahead

	Tuesday 25 November	Wednesday 26 November
How windy? (On the Munros) Effect of wind on you?	Northerly 30 to perhaps 40mph, gradually easing to 15 to 20mph and toward dusk backing westerly. Considerable buffeting and wind chill after dawn, but will become small through afternoon.	Southerly soon 45 to 55mph. Will veer more westerly late in day and ease a little. Some easing through day, but extensively difficult walking where exposed with powerful gusts and considerable wind chill
How wet? (Precipitation and its impact)	Snow/hail showers mainly Cairngorms Showers, of hail or snow above about 400m, mainly Cairngorms and Deeside in morning. Rare if any flurries elsewhere.	Rain and drizzle now and again Rain and drizzle spreading east morning (snow above 700m for a few hours). The rain off and on and light northern Cairngorms NP; very little at all Deeside.
Cloud on the hills?	Varied; some higher tops clearing, most remaining in cloud. Generally, cloud base 700 to 900m - the cloud widespread Cairngorms eastward until afternoon. Elsewhere, cloud will lift off some higher summits, but could will come and go above about 1050m.	Becoming very extensive higher areas Some higher slopes initially cloud free. Will gradually deteriorate as cloud forms above 450 to 600m east from Ben Alder to S Cairngorms NP; but 700 to 1000m elsewhere, highest Deeside and near Cairngorm ski centre.
Chance of cloud free Munros?	20% Cairngorms to 40% elsewhere	Dropping to less than 10%
Sunshine? Air clarity (below cloud)	Bursts of bright sunshine, though little sun east from Cairngorms. The air very clear so excellent visibility, but fog frequently on higher slopes.	Patches of weak sun lower slopes near Cairngorms; otherwise gradually becoming extensively dull and misty.
How Cold? (at 900m) Freezing Level	-1C Around 750m, rising slowly through day. Some frozen ground lower slopes after frost in valleys.	-1C rising slowly to 3C. Will feel as cold as minus 14C directly in the wind. 750m morning; gradually transitioning to above the summits. Frost many valleys at dawn.

Planning Outlook

All mountain areas of Britain from Tuesday, 25 November, 2025

As a series of deep Atlantic lows pass north of or across Britain, rainfall be become high particularly on western mountains together with frequent upland gales and low cloud. In Scotland, temperatures on the Munros will sometimes be below freezing point, but fresh snow transient, whereas elsewhere, snow rare, if any.

Forecast issued at 13:59 on Sunday, 23 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.