

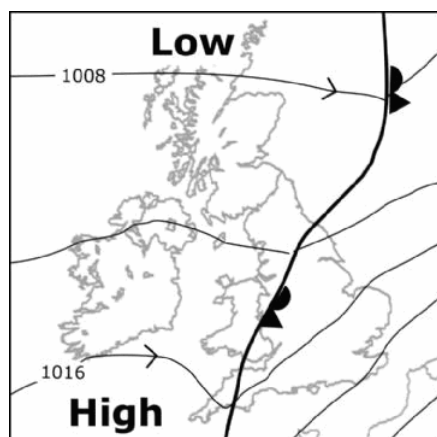
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Saturday, 22 November, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 22 November, 2025

As less cold air penetrates the UK, only higher summits in Scotland will remain below freezing point. Nevertheless, much mountains terrain will remain frozen and icy. Rain and strong winds overnight will have eased to in Scotland and through the morning will clear Wales and N England.

### Headline for Cairngorms NP and Monadhliath

A few showers; mountains extensively foggy. Terrain mostly frozen.

## Detailed Forecast for Saturday, 22 November, 2025

|                                                   |                                                                                                                                                                                                                                                         |
|---------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the Munros)</b>                 | Westerly 20 to 25mph.<br>Will tend to ease through the afternoon.                                                                                                                                                                                       |
| <b>Effect of wind on you?</b>                     | <b>Mostly fairly small, although particularly in the morning still considerable wind chill where exposed.</b>                                                                                                                                           |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Risk of a few showers; fresh snow confined above 800m</b><br>A few showers west of A9 - very few and brief eastward toward Deeside.                                                                                                                  |
| <b>Cloud on the hills?</b>                        | <b>Extensive - although some higher slopes may gradually clear</b><br>Very varied; overall most mountains cloud covered, in some areas from valleys up. Nevertheless, particularly afternoon, breaks to higher slopes - sometimes above fog lower down. |
| <b>Chance of cloud free Munros?</b>               | <b>20%</b>                                                                                                                                                                                                                                              |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Patches of sun coming through in places above fog, most widely eastern Cairngorms NP.<br>Visibility varied, areas of fog (sometimes in or just above valleys), but otherwise very good.                                                                 |
| <b>How Cold? (at 900m)</b>                        | 1C.<br>Feeling like -7C directly in the wind.                                                                                                                                                                                                           |
| <b>Freezing Level</b>                             | 1000m; but much terrain from valleys up frozen.                                                                                                                                                                                                         |

## Cairngorms NP and Monadhliath - Looking Ahead

|                                                                                       | Sunday 23 November                                                                                                                                                                                     | Monday 24 November                                                                                                                                                                                                                                                                                                                          |
|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the Munros)</b><br><br><b>Effect of wind on you?</b>                | Easterly, speeds at present uncertain, but probably in the range 20 to 35mph.<br><br><b>Expect blustery conditions, perhaps considerable buffeting and wind chill over some mountains.</b>             | Northerly, between 20 and 30mph - may reach 35mph Cairngorms east to Lochnagar.<br><br><b>Walking often arduous, particularly near precipitation, where in gusty conditions, balance tricky.</b>                                                                                                                                            |
| <b>How wet?</b><br>(Precipitation and its impact)                                     | <b>Rain or hill snow on and off</b><br>Precipitation intermittently, most likely focussed on eastern hills in Cairngorms NP. Snow above 700-900m.                                                      | <b>Frequent snow and hail showers</b><br>Frequent hail or snow showers above 400m, particularly Cairngorms and Deeside, where precipitation at times constant. Fewest showers (generally flurries) southern summits in Cairngorms NP east to Ben Alder.                                                                                     |
| <b>Cloud on the hills?</b><br><br><br><br><br><br><b>Chance of cloud free Munros?</b> | <b>Extensive across the mountains</b><br><br>Persistent fog most mountains, widely above 500 to 700m - perhaps reaching 900m near Cairngorm ski centre and west of the A9.<br><br><b>Less than 10%</b> | <b>Extensively covering higher areas; highest cloud base toward south</b><br><br>Cairngorms east to Lochnagar: cloud base varying as showers coming and going: typically 600m, but shafts of cloud below 400m near precipitation. Higher cloud base southern summits in Cairngorms NP east to Ben Alder, here breaks to 900m.<br><b>10%</b> |
| <b>Sunshine?</b><br>Air clarity (below cloud)                                         | Cloudy or dull; general visibility very good, but widely foggy on the hills.                                                                                                                           | Bursts of sunshine, mainly or only southern summits in Cairngorms NP east to Ben Alder.<br>Very poor or appalling visibility in snow, but otherwise, very good.                                                                                                                                                                             |
| <b>How Cold? (at 900m)</b><br><br><b>Freezing Level</b>                               | Around 0C.<br>Will feel as cold as minus 10C directly in the wind.<br><br>800 to 1050m; some lower areas may still be partly frozen.                                                                   | -1C<br>Will feel as cold as minus 11C directly in the wind.<br><br>700m.                                                                                                                                                                                                                                                                    |

## Planning Outlook

## All mountain areas of Britain from Sunday, 23 November, 2025

Another brief burst of cold air on Monday and Tuesday will bring further snow to northern Scotland. By Wednesday, milder air together with rain and strong wind will be extending across Britain. Rain and strong wind will be frequent, particularly on western mountains for the remainder of the week. In Scotland temperatures on the Munros will sometimes be below freezing point, but fresh snow probably transient, whereas elsewhere, snow rare if any.

## Forecast issued at 14:52 on Friday, 21 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.