

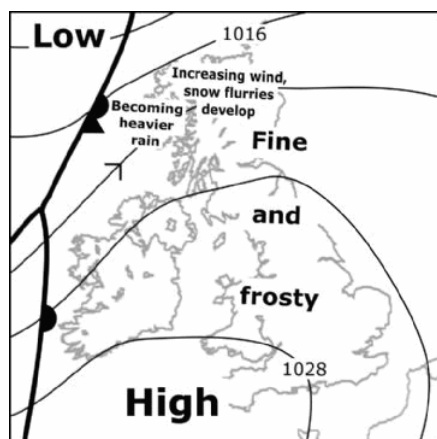
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Friday, 21 November, 2025



British Mountain Summary:

Based on forecast chart for noon 21 November, 2025

Terrain widely frozen after hard frost; snow cover across much upland terrain, or more substantial to lower slopes northern Highlands. A front moves into Scotland, snow then rain in west, cloud lowering. Elsewhere dry, sunshine weakening. Wind strengthening to gale force Scottish mountains.

Headline for Cairngorms NP and Monadhliath

Wind increasing, becoming upland gales. Snow flurries later.

Detailed Forecast for Friday, 21 November, 2025

How windy? (On the Munros) Effect of wind on you?	West turning southwesterly, strengthening during daytime from 15-25mph early morning to early-mid afternoon 40mph, risk after dark 50mph for a time by dusk. Starting to ease into night. Conditions generally deteriorate, with time more strenuous, risk later difficult on higher mountains, significant wind chill.
How wet? (Precipitation and its impact)	Snow flurries moving in from west into afternoon Substantial snow cover across the mountains to most lower slopes. Dry morning, largely dry in easternmost areas much of daylight. Snow flurries develop from west into afternoon, locally more persistent for a time near/west of A9. After dark, turning to patchy rain up to some higher slopes.
Cloud on the hills? Chance of cloud free Munros?	Mostly little, later lowers from west Patchy mist some glens and perhaps corries at first, otherwise hills largely clear, much of the daytime in east. Toward dusk, patchy cloud lowering onto tops from west, more extensive by evening. 80% toward dusk dropping to 50%
Sunshine? Air clarity (below cloud)	Sun through high cloud in morning becoming weak, then obscured. Visibility excellent, reducing if snow develops, possibly locally poor late in day.
How Cold? (at 900m) Freezing Level	-4C, slow rise, by evening up to 0C. In stronger wind feeling like -15C. Terrain frozen all day to lower slopes, but later in day starting to rise erratically just above freezing point toward some upper slopes.

All mountain areas of Britain from Saturday, 22 November, 2025

Changes into the weekend as less cold Atlantic air moves in, but higher mountain terrain at least in Scotland staying frozen with snow cover. A complex area of low pressure circulates over Britain through the weekend, retreating to leave briefly northeasterly winds by Monday; areas of rain and some upland snow, mainly Scotland and high tops in northern England. Winds will vary markedly, some lulls, but risk periods of gales. A brief ridge of high pressure gives a lull by Tuesday, then a shift to milder southwesterlies is likely to bring spells of rain and some thawing to higher levels.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2025.