#### MOUNTAIN WEATHER INFORMATION SERVICE

# **Cairngorms NP and Monadhliath**

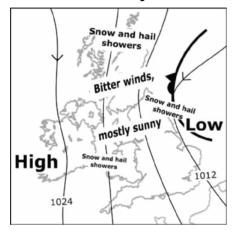
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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# General Summary for Thursday, 20 November, 2025



# British Mountain Summary: Based on forecast chart for noon 20 November, 2025

Staying cold as northerly winds continue, speeds starting to lessen gradually Scotland. Snow/hail showers in N Scotland, slowly fading. Showers also Cheviots, locally N/W Wales. Mostly sunny elsewhere. All terrain frozen; extensive snow cover over mountains, most substantial NW Highlands & Cairngorms.

### Headline for Cairngorms NP and Monadhliath

Bitter gale force wind lessening. Snow and hail showers start to ease.

# Detailed Forecast for Thursday, 20 November, 2025

How windy? (On the Munros)	Northerly 35 to 50mph from dawn, gradually lessening, into afternoon 25-35mph, strongest in east. Lowering further from dusk. Starting to shift westerly later in the night.	
Effect of wind on you?	Challenging conditions with significant wind chill, severe higher mountains; some improvement, but expect buffeting all day higher Cairngorms.	
How wet?	Frequent snow and hail north	
(Precipitation and its impact)	Ongoing succession of snow and hail showers coming in from north, most frequent north Cairngorms, chance isolated lightning in morning. Tending to ease later. Fewer showers southwards toward Glen Garry. Snow lying into glens.	
Cloud on the hills?	loud on the hills? Fairly extensive higher areas	
	Persisting on higher Cairngorms above 900-1000m, at times banks of cloud to 700m or lower in showers, mostly morning. Patches will come and go over higher Monadhliath. Further south, higher bases, breaks at times to tops.	
Chance of cloud free Munros?	30%	
Sunshine? Air clarity (below cloud)	Brief bursts of sun, mostly southern areas.  Visibility at times appalling when in cloud and snow, but intermittently very good, more often excellent later in day.	
How Cold? (at 900m)	-4 or -5C (to -7C highest summits). Wind chill feeling like -15 to -20C, coldest in stronger speeds in morning.	
Freezing Level	Terrain widely frozen from glens upward, only partial thawing lowest sunlit slopes.	

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#### Cairngorms NP and Monadhliath - Looking Ahead

	Friday 21 November	Saturday 22 November
How windy? (On the Munros)  Effect of wind on you?	West later southwesterly, strengthening during daytime from 15-25mph to by dusk 40mph, risk after dark 50mph.  Expect conditions to deteriorate, with time more strenuous, risk later difficult on higher mountains, significant wind chill.	Westerly 20 to 25mph, occasional 30mph higher tops. May become more variable toward and beyond dusk.  Feeling noticeably breezy with marked wind chill; may start to affect ease of walking on higher exposed terrain.
How wet?	Snow moving in from west	Brief flurries
(Precipitation and its impact)	Likely dry start, possibly largely dry in easternmost areas all daylight.  Snow flurries likely to develop from west, risk becoming persistent near/west of A9.  Likely after dark, rain at lower elevations.	Often dry, but occasional light showers moving in from west, falling as snow flurries above around 700m, mostly spots of rain lower slopes.
Cloud on the hills?	Mostly little, later lowers from west	Lifting variably to higher areas
	Patchy mist some glens and perhaps corries at first, otherwise hills largely clear, possibly much of the daytime. Later, patchy cloud lowering onto tops from west, risk more extensive by evening.	Varied low cloud banks from dawn into morning, becoming mostly confined above 800-1000m, though some lower patches may remain on more southwestern slopes. Breaks best north of Cairngorms.
Chance of cloud free Munros?	80% later dropping to 50%	30%
Sunshine? Air clarity (below cloud)	Sun through high cloud in morning becoming weak, then obscured. Visibility excellent, reducing if snow develops, possibly locally poor late in day.	Rare glimpses of sun mostly near Glenmore. Misty areas in morning, then visibility mostly good or locally becoming very good below cloud.
How Cold? (at 900m)	-3C, slow rise, by evening up to 0C. In stronger wind feeling like -15C.	0 or 1C. Feeling like -8C directly in the wind.
Freezing Level	Much terrain frozen all day to lower slopes, but later in day likely to start rising just above freezing at lower elevations.	900 to 1000m, though terrain lower down at least partly frozen.

## **Planning Outlook**

#### All mountain areas of Britain from Friday, 21 November, 2025

Winter conditions over the mountains - snow coverage to lower slopes in Scotland, snow and ice cover varied for England & Wales, but much terrain frozen; hard frost into inland valleys and glens into Friday. A front moving into Scotland from the west on Friday brings gales and snow, turning to rain lower down - arriving in England & Wales Friday evening-night. Less cold into the weekend, but higher mountains stay near or just below freezing, particularly Scotland; showers or locally more frequent upland snow over several days forward. Later next week looks at least briefly milder.

#### Forecast issued at 15:00 on Wednesday, 19 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.