

Cairngorms NP and Monadhliath

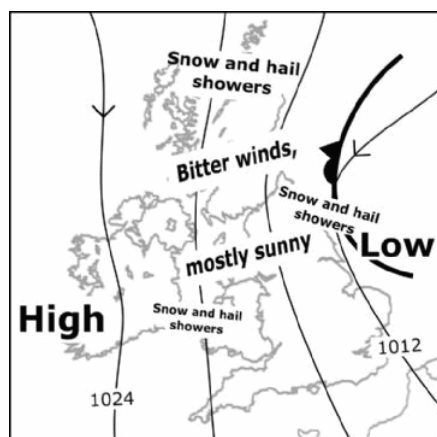
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Thursday, 20 November, 2025



British Mountain Summary:

Based on forecast chart for noon 20 November, 2025

Staying cold as northerly winds continue, speeds starting to lessen gradually Scotland. Snow/hail showers in N Scotland, slowly fading. Showers also Cheviots, locally N/W Wales. Mostly sunny elsewhere. All terrain frozen; extensive snow cover over mountains, most substantial NW Highlands & Cairngorms.

Headline for Cairngorms NP and Monadhliath

Bitter gale force wind lessening. Snow and hail showers start to ease.

Detailed Forecast for Thursday, 20 November, 2025

How windy? (On the Munros)	Northerly 35 to 50mph from dawn, gradually lessening, into afternoon 25-35mph, strongest in east. Lowering further from dusk. Starting to shift westerly later in the night.
Effect of wind on you?	Challenging conditions with significant wind chill, severe higher mountains; some improvement, but expect buffeting all day higher Cairngorms.
How wet? (Precipitation and its impact)	Frequent snow and hail north Ongoing succession of snow and hail showers coming in from north, most frequent north Cairngorms, chance isolated lightning in morning. Tending to ease later. Fewer showers southwards toward Glen Garry. Snow lying into glens.
Cloud on the hills?	Fairly extensive higher areas Persisting on higher Cairngorms above 900-1000m, at times banks of cloud to 700m or lower in showers, mostly morning. Patches will come and go over higher Monadhliath. Further south, higher bases, breaks at times to tops.
Chance of cloud free Munros?	30%
Sunshine? Air clarity (below cloud)	Brief bursts of sun, mostly southern areas. Visibility at times appalling when in cloud and snow, but intermittently very good, more often excellent later in day.
How Cold? (at 900m)	-4 or -5C (to -7C highest summits). Wind chill feeling like -15 to -20C, coldest in stronger speeds in morning.
Freezing Level	Terrain widely frozen from glens upward, only partial thawing lowest sunlit slopes.

All mountain areas of Britain from Friday, 21 November, 2025

Forecast issued at 15:00 on Wednesday, 19 November, 2025

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