MOUNTAIN WEATHER INFORMATION SERVICE

Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



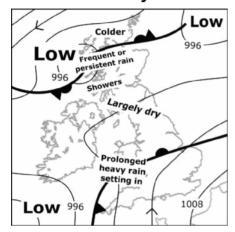
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General Summary for Wednesday, 12 November, 2025



British Mountain Summary: Based on forecast chart for noon 12 November, 2025

Northern areas of the Highlands generally wet, the rain only gradually breaking up. Showers for the southwest Highlands. Dropping below freezing on northern tops later. Heavy rain sets in again across Wales, already flooding expected after previous rain. Mostly dry for much of Pennines, Lakes & south Scotland.

Headline for Cairngorms NP and Monadhliath

Strongest wind in morning. Often raining, in places heavy.

Detailed Forecast for Wednesday, 12 November, 2025

How windy? (On the Munros)	Southwesterly 20-35mph in morning, tending to ease and become more variable, a possible lull to low speeds into afternoon. By evening, quickly switching northeasterly, into night 40-50mph+.	
Effect of wind on you?	Blustery conditions, marked wind chill in morning, becoming smaller afternoon. Deteriorating after dark.	
How wet?	Rain most of the day, sometimes heavy	
(Precipitation and its impact)	Previous rain leaving wet ground and fast-flowing streams. Rain frequent during daytime, some persistent heavier falls at times especially toward north, showery at times further south, but risk more persistent rain moving back southwards in afternoon.	
Cloud on the hills?	the hills? Fairly extensive	
	Shrouding the mountains widely, banks of cloud at varied elevations, in places to some lower slopes. Higher bases and local breaks toward Deeside.	
Chance of cloud free Munros?	20%	
Sunshine?	Overcast, dull with poor visibility in rain.	
Air clarity (below cloud)	Some brighter areas possible with local good visibility, but expect lingering areas of mist.	
How Cold? (at 900m)	3 or 4C, a slight drop on the northern slopes later, then to 0C into night. Feeling like -5C if in stronger wind.	
Freezing Level	Above the summits, but tending to lower onto highest tops around dusk, lowering widely to 800m into night.	

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Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 13 November	Friday 14 November
How windy? (On the Munros)	Northeasterly 50-60mph in morning, lessening gradually during day to 35-40mph; then 25mph into night.	East-northeasterly, 25 to 35mph, to increasingly 40mph higher Cairngorms, gusty in places; by evening risk 50mph.
Effect of wind on you?	Difficult conditions across the mountains, some improvement, but powerful gusts likely all day. Significant wind chill.	Challenging walking conditions, frequent buffeting making balance difficult on higher terrain. Significant wind chill.
How wet?	Early hill snow, then showery	Frequent snow flurries north & east
(Precipitation and its impact)	A broad area of rain and hill snow above 600-700m from before dawn into the morning, breaking into a steady stream of snow showers drifting in from the north; becoming more often dry toward south.	Showers and snow flurries most frequent north and eastern Cairngorms, possibly merging to near-continuous light snow. Patchier flurries toward Drumochter. Spots of rain into glens below 400m.
Cloud on the hills?	Mostly high tops and northern slopes	Fairly extensive
	Fairly extensive over high ground from dawn with variable bases as low as 600m. Will tend to break, though higher Cairngorms and Monadhliath likely shrouded all day with banks lowest on northern slopes to 700-900m.	Shrouding the mountains most of the time above 700-900m, lowest and most persistent north & east. Breaking above 900-1000m near Glen Garry.
Chance of cloud free Munros?	20%	20%
Sunshine? Air clarity (below cloud)	Overcast, brighter skies emerging, a little sun, but extensive high cloud. Visibility variable: poor in snow/rain but very good during dry periods.	Little or no sun. Visibility poor across many mountains, but very good below cloud and where often dry toward western side of Cairngorms.
How Cold? (at 900m)	0 or -1C, always coolest on northern slopes. Feeling like -15C in direct wind.	-2 or -3C (to -5C higher Cairngorms). Wind chill feeling like -15C over higher terrain, or colder late in day.
Freezing Level	800-900m.	600-700m, but near to freezing on some lower slopes early morning.

Planning Outlook

All mountain areas of Britain from Thursday, 13 November, 2025

High rainfall totals bring concerns for flooding again, risk more significant in Wales in the days ahead. A marked contrast of temperature north to south this week, but colder air to the north becomes more widespread into the weekend and early next week, leaving higher terrain below freezing for a run of days and some accumulating snow, mostly focused over northern Scottish mountains. Wind will vary, then become east-northeasterlies, gales Friday into Saturday, then a possible brief lull before turning northerly on Sunday. More uncertain outlook further into next week, but some further unsettled areas of low pressure currently show signs of remaining nearby - but often within a colder weather regime.

Forecast issued at 16:27 on Tuesday, 11 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.