#### MOUNTAIN WEATHER INFORMATION SERVICE

# **Cairngorms NP and Monadhliath**

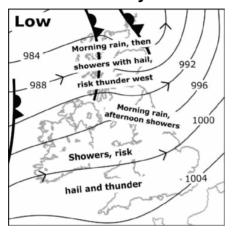
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Saturday, 1 November, 2025



# British Mountain Summary: Based on forecast chart for noon 1 November, 2025

In Scotland morning rain breaks into afternoon showers, most frequent west with hail and risk thunder. Strong gales on high tops of England and Wales at dawn, these easing though remaining windy. A rainy morning as well, breaking into showers; a risk of hail and thunder on mountains near the west coast.

#### Headline for Cairngorms NP and Monadhliath

Variable rain and fog early, then afternoon showers; windy, gales

# Detailed Forecast for Saturday, 1 November, 2025

How windy? (On the Munros)	From dawn, southerly 30-35mph, soon orienting west-southwesterly and rising to 40-45mph, some stronger gusts possible around precipitation. Chance of lighter speeds central highlands around dawn with variable direction, though confidence is low.	
Effect of wind on you?	Walking arduous most of the day on higher areas and considerable wind chill, especially near precipitation. Conditions may change rapidly over the central highlands in the early hours.	
How wet?	Morning rain breaks to heavy showers, mostly west	
(Precipitation and its impact)	Periods of rain through morning, though several hours may be largely dry, best chance east Cairngorms and Deeside. Rain breaks into heavy showers afternoon with hail and increasingly snow, as low as 1000m.	
Cloud on the hills?	Variable early, at times extensive; breaks afternoon	
	Variable cloud early: lowest and most persistent over Monadhliath, around 600-700m, more broken east and northern Cairngorms for a time before extensive for several hours. Cloud breaks and bases rise to around 900m, though will lower again in showers.	
Chance of cloud free Munros?	20%, rising to 40% later	
Sunshine? Air clarity (below	Patches of sun breaking out through the afternoon, a few over the Cairngorms early as well.	
cloud)	Visibility will vary as precipitation comes and goes.	
How Cold? (at 900m)	3 or 4C at dawn, possibly locally warmer on northern Cairngorms. Widely dropping to 1C. Feeling like -12C directly in the wind.	

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#### Cairngorms NP and Monadhliath - Looking Ahead

	Sunday 2 November	Monday 3 November
How windy? (On the Munros)  Effect of wind on	Southwesterly 45-50mph, may locally reach 55mph+ over high tops afternoon. Lighter winds just around dawn.  Difficult walking most of the day;	Southwesterly 30-40mph at and before dawn, soon rising to 45-55mph. Gusty over high terrain, up to 60mph.  Expect widely difficult conditions with
you?	balance and mobility in direct wind likely requires crouching.	significant wind chill. Buffeting gusts require bracing/crouching for balance.
How wet?	Mostly central highlands, some drifts east	Patchy rain, setting in later
(Precipitation and its impact)	Regular light rain around Drumochter areas. Occasional spots of light rain drift further east, increasingly frequent afternoon over Monadhliath and western Cairngorms. Deeside remains substantially dry.	Rain from dawn passes northeast, followed by local patches for much of the day. Rain remains fairly persistent near Drumochter, then a broader swathe of rain reaches all areas later.
Cloud on the hills?	Fairly extensive southern slopes	Fairly extensive
	Extensive cloud over high tops with lower bases to the south, lowest near Drumochter. Base tends to lift, though high southern terrain remains shrouded, more extensive banks possible later. Cloud well broken on northern slopes	Terrain shrouded from middle slopes upward, lowest bases around Drumochter/southern Monadhliath. Higher bases on northern Cairngorm slopes, some breaks may reach to 900m for a time.
Chance of cloud free Munros?	10%, locally 30% northernmost slopes	10%
Sunshine? Air clarity (below cloud)	Bursts of sunshine north of the Cairngorm Plateau and towards the Moray Firth. Excellent visibility out of cloud, though often poor on southern slopes.	Largely overcast and dull, with poor visibility. Some bright periods possible northern Cairngorms where visibility will be good.
How Cold? (at 900m)	0 or +1C, rising to 3C. higher overnight. Always slightly warmer northern slopes. Feeling near -15C in wind.	7 or 8C, locally warmer northern slopes. Only small change with added height. Feeling like -8C in strongest direct wind.
Freezing Level	900-1000m, slowly rising after sunrise to around 1200m or higher afternoon.	Above the summits

### **Planning Outlook**

#### All mountain areas of Britain from Sunday, 2 November, 2025

An extended period (well into November) of frequent rainfall, particularly western mountains where widely considerable accumulation will at times pose a flood risk. Atlantic winds will be often strong, gale force at times. Temperatures generally near or above average: brief interludes in Scotland where freezing level drops below higher summits, resulting in snow on highest terrain, though little accumulation and soon melting.

Brighter periods will punctuate the rain, best of cloud clearing hills away from the west coast. A few brief settled periods will occur as well, though unlikely longer than a day and timing is uncertain.

#### Forecast issued at 16:19 on Friday, 31 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.