

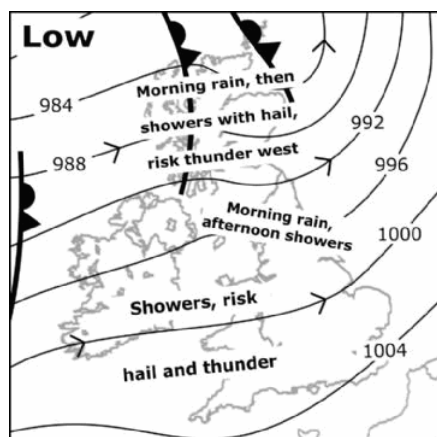
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Saturday, 1 November, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 1 November, 2025

In Scotland morning rain breaks into afternoon showers, most frequent west with hail and risk thunder. Strong gales on high tops of England and Wales at dawn, these easing though remaining windy. A rainy morning as well, breaking into showers; a risk of hail and thunder on mountains near the west coast.

### Headline for Cairngorms NP and Monadhliath

Variable rain and fog early, then afternoon showers; windy, gales

## Detailed Forecast for Saturday, 1 November, 2025

|                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the Munros)</b><br><br><b>Effect of wind on you?</b> | From dawn, southerly 30-35mph, soon orienting west-southwesterly and rising to 40-45mph, some stronger gusts possible around precipitation. Chance of lighter speeds central highlands around dawn with variable direction, though confidence is low.<br><br><b>Walking arduous most of the day on higher areas and considerable wind chill, especially near precipitation. Conditions may change rapidly over the central highlands in the early hours.</b> |
| <b>How wet?</b><br>(Precipitation and its impact)                      | <b>Morning rain breaks to heavy showers, mostly west</b><br>Periods of rain through morning, though several hours may be largely dry, best chance east Cairngorms and Deeside. Rain breaks into heavy showers afternoon with hail and increasingly snow, as low as 1000m.                                                                                                                                                                                    |
| <b>Cloud on the hills?</b><br><br><b>Chance of cloud free Munros?</b>  | <b>Variable early, at times extensive; breaks afternoon</b><br>Variable cloud early: lowest and most persistent over Monadhliath, around 600-700m, more broken east and northern Cairngorms for a time before extensive for several hours. Cloud breaks and bases rise to around 900m, though will lower again in showers.<br><br><b>20%, rising to 40% later</b>                                                                                            |
| <b>Sunshine?</b><br>Air clarity (below cloud)                          | Patches of sun breaking out through the afternoon, a few over the Cairngorms early as well.<br>Visibility will vary as precipitation comes and goes.                                                                                                                                                                                                                                                                                                         |
| <b>How Cold? (at 900m)</b><br><br><b>Freezing Level</b>                | 3 or 4C at dawn, possibly locally warmer on northern Cairngorms. Widely dropping to 1C.<br>Feeling like -12C directly in the wind.<br><br>Just above the summits at dawn, gradually lowering to 1100m.                                                                                                                                                                                                                                                       |

**All mountain areas of Britain from Sunday, 2 November, 2025**

An extended period (well into November) of frequent rainfall, particularly western mountains where widely considerable accumulation will at times pose a flood risk. Atlantic winds will be often strong, gale force at times. Temperatures generally near or above average: brief interludes in Scotland where freezing level drops below higher summits, resulting in snow on highest terrain, though little accumulation and soon melting. Brighter periods will punctuate the rain, best of cloud clearing hills away from the west coast. A few brief settled periods will occur as well, though unlikely longer than a day and timing is uncertain.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2025.