

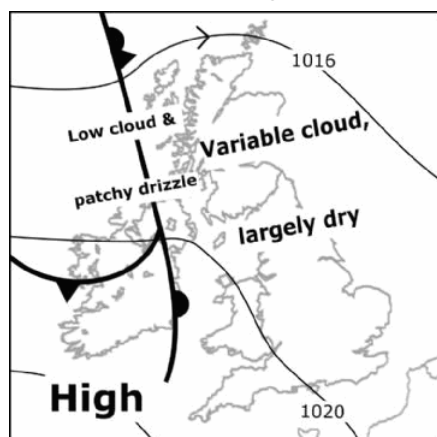
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Wednesday, 30 July, 2025



British Mountain Summary:

Based on forecast chart for noon 30 July, 2025

Generally cloudy conditions, covering some hill slopes in the morning, but breaking and lifting above many tops. Occasional sun breaking through, mainly in the east. In western Scotland, a weak front pushing in will lower the cloud over coastal hills and bring a little drizzle at times. Light winds overall.

Headline for Cairngorms NP and Monadhliath

Largely dry day, cloud lifting and breaking. Light-moderate breeze.

Detailed Forecast for Wednesday, 30 July, 2025

How windy? (On the Munros)	Northwesterly 15-20mph early in day, turning westerly 10-15mph.
Effect of wind on you?	Mostly small
How wet? (Precipitation and its impact)	Substantially dry, locally a shower Most or all day dry. A rare drizzly shower passing eastwards. Locally chance of a heavier shower forming in east later. Toward or more likely after dusk, some drizzly rain developing from the west.
Cloud on the hills?	Fairly extensive then lifting and clearing Covering the mountains fairly widely early morning, bases 700-900m, or some lower early cloud banks mainly around Strathspey. Gradually rising and breaking above 1100m by middle of day, clearing most or all tops by afternoon.
Chance of cloud free Munros?	30% rising to 80%
Sunshine? Air clarity (below cloud)	Glimpses of sun becoming patchwork of cloud and sun. Visibility good below cloud, increasingly very good by afternoon.
How Cold? (at 900m)	10C rising to 13C afternoon.
Freezing Level	Above the summits

All mountain areas of Britain from Thursday, 31 July, 2025

Forecast issued at 16:00 on Tuesday, 29 July, 2025

Live FH 2025-07-30 2025-08-01