

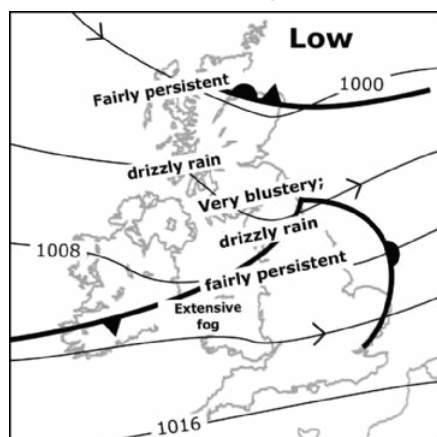
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Tuesday, 24 June, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 24 June, 2025

Frequent rain/drizzle onto most west coastal slopes, steadier rain for a time in the morning slipping east. High terrain mostly foggy, down to lower slopes in places along west coasts; best of breaks east Scotland and North Pennines. Blustery for most with risk of gales high terrain of England and north Wales.

### Headline for Cairngorms NP and Monadhliath

Patchy rain and often foggy west; better east

## Detailed Forecast for Tuesday, 24 June, 2025

|   |  |
|---|--|
| <b>How windy? (On the Munros)</b>                 | Westerly 20 to 25mph, occasional 30mph higher Cairngorms. Strongest winds in the morning and midday.   |
| <b>Effect of wind on you?</b>                     | <b>Fairly small, but may start to feel noticeable when walking on higher exposed terrain. Marked wind chill.</b>   |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Patchy rain and drizzle, most often west</b><br>Patchy rain and drizzle, mostly areas toward west and south of the Cairngorms and Monadhliath. May be more frequent for a time around midday. East Cairngorms and Deeside may remain substantially dry. |
| <b>Cloud on the hills?</b>                        | <b>High areas frequently foggy, higher bases east</b><br>Fairly persistent above 900-1000m western side of Cairngorms and west of A9. Some breaks towards high tops easternmost Cairngorms/Deeside.  |
| <b>Chance of cloud free Munros?</b>               | <b>30%</b>   |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Mostly cloudy, glimpses of sun, best in east.<br>Visibility excellent below cloud away from rain.  |
| <b>How Cold? (at 900m)</b>                        | 7C, some local areas around Deeside a degree warmer.<br>Feeling sub-zero on high tops in the wind.   |
| <b>Freezing Level</b>                             | Above the summits  |

## Cairngorms NP and Monadhliath - Looking Ahead

|   | Wednesday 25 June   | Thursday 26 June  |
|---|---|---|
| <b>How windy? (On the Munros)</b><br><br><b>Effect of wind on you?</b>            | Westerly, shifting southerly, 10 to 20mph.<br><br><b>Fairly small.</b>  | Westerly 20-30mph. Shifting southwesterly into evening and rising towards 40mph, further deteriorating after dark.<br><b>Walking impeded in strongest winds, becoming arduous into evening.</b><br><b>Marked wind chill.</b>  |
| <b>How wet?</b><br>(Precipitation and its impact)                                 | <b>Rain unlikely during daytime</b><br>Chance of an isolated drizzly shower. Overnight, rain may develop from the southwest.  | <b>Rain for several hours early, clearing</b><br>Bursts of rain for several hours at and after dawn, chance fairly persistent. Clearing for a dry afternoon; chance of odd drizzly showers around Monadhliath.  |
| <b>Cloud on the hills?</b><br><br><br><br><br><b>Chance of cloud free Munros?</b> | <b>Lifting above most tops</b><br><br>Some banks of cloud over higher slopes in the morning, may linger for a time toward Drumochter, patches may come and go on southern tops but tending to rise above most tops. Often clear north of the Cairngorm plateau.<br><br><b>70%</b> | <b>Covering high terrain early, well clearing</b><br><br>High terrain shrouded for several hours after dawn, lowest bases Monadhliath and south Cairngorms. Breaking later morning and lifting mostly above the summits, caps occasionally over high Cairngorms.<br><br><b>Becoming 90%</b> |
| <b>Sunshine?</b><br>Air clarity (below cloud)                                     | Occasional sun, best north and east of the Cairngorms.<br>Visibility very good.   | Gradually becoming mostly sunny through morning.<br>Excellent visibility.   |
| <b>How Cold? (at 900m)</b><br><br><b>Freezing Level</b>                           | 7C, rising up to 10C afternoon. Locally warmer on north Cairngorm slopes.<br><br>Above the summits  | 9 to 11C at dawn. South Cairngorms and Monadhliath cooling to 8C as the day goes. Feeling near freezing in strongest wind.<br><br>Above the summits   |

## Planning Outlook

## All mountain areas of Britain from Wednesday, 25 June, 2025

West to southwesterly winds prevail this week and a series of frontal systems come in from the Atlantic. Rain and drizzle most frequent in west with low cloud often covering hills, typically most extensive in Scotland. Higher cloud bases and drier further eastwards. Temperatures near average, or lower at times in Scotland. Often windy, risk of more extensive upland gales and some heavier rain as deeper areas of low pressure likely move in later in the week. Some indication of a brief settled spell into the weekend and rising temperatures, though northwest Scotland remaining at risk of frontal weather systems.

## Forecast issued at 16:28 on Monday, 23 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.