

# Cairngorms NP and Monadhliath

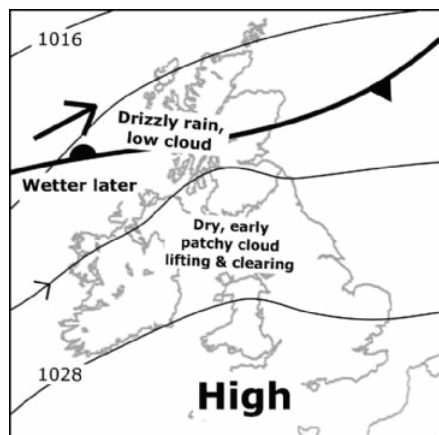
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Monday, 16 June, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 16 June, 2025

A front draped over the Highlands brings low cloud and drizzly rain to western areas, heavier rain pushing northwards in the afternoon. Southwesterly winds will strengthen later in Scotland, becoming gales on higher mountains by evening. Dry with sunny spells and cloud clearing the tops in England & Wales.

### Headline for Cairngorms NP and Monadhliath

Windy on hills, strengthening later. Drizzle west, cloud breaks east.

## Detailed Forecast for Monday, 16 June, 2025

<b>How windy? (On the Munros)</b>	West then southwesterly, 25-30mph - up to 35-40mph around Cairngorm plateau at dawn; lower speeds for a time middle of day, then toward evening increasing again to around 40mph, or 50mph into night.
<b>Effect of wind on you?</b>	<b>Expect increasing buffeting with height, although moderating for a time during middle of daytime, becoming more arduous later in day. Considerable wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Drizzly rain mostly west</b> Occasional drizzly rain, mostly on hills near and west of the A9, locally more persistent for periods around Ben Alder. Little if any reaching Deeside.
<b>Cloud on the hills?</b>	<b>Mostly higher areas and in west</b> Most cloud above 800 to 1000m, lowering further locally west of the A9 during rain. Bases rising east and northwards, and tending to drift higher during day, clearing above 1200m for periods, especially afternoon.
<b>Chance of cloud free Munros?</b>	<b>30% west, to 70% further east/north.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Fairly cloudy, some sun through high cloud, mainly northeastern areas. Visibility very good below cloud, locally mistier Drumochter hills.
<b>How Cold? (at 900m)</b>	9C rising to 12C afternoon. Will feel only just above freezing point directly in the wind.
<b>Freezing Level</b>	Above the summits.

## Cairngorms NP and Monadhliath - Looking Ahead

	<b>Tuesday 17 June</b>	<b>Wednesday 18 June</b>
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	West to southwesterly 20 to 30mph, risk over 40mph around dawn on higher Cairngorms.  <b>Blustery on higher terrain, likely more arduous conditions at first. Noticeable wind chill.</b>	West to southwesterly 25mph, but for periods 30-35mph higher Cairngorms.  <b>Blustery over the mountains, may start to affect comfortable walking where exposed. Feeling noticeably chilly.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Early showers fading</b> Showery rain early morning, most frequent toward western side of Cairngorms, clearing during morning to become largely dry and just a rare brief shower.	<b>Little or no rain</b> Possibly occasional drizzle toward or west of the A9.
<b>Cloud on the hills?</b>          <b>Chance of cloud free Munros?</b>	<b>Lifting above summits</b>  Variable cloud above 900m early morning, mostly areas toward and west of the A9. Bases rising to higher slopes then increasingly breaking and leaving most cloud above the tops.  <b>80%</b>	<b>Mostly tops toward west</b>  Banks of cloud mostly western Cairngorms and hills west of the A9, bases around 800m at times, rising mostly above 1000m. More often above tops further eastwards.  <b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchwork of sun coming through. Visibility becoming excellent.	Glimpses of sun, best in east. Visibility very good below cloud.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	7C, rising to 10C in east afternoon. Feeling sub-zero directly in the wind early in day.  Above the summits	6C, slight rise, up to 9C in east afternoon. Feeling sub-zero in wind, nearer -5C high tops in morning.  Above the summits

**Planning Outlook****All mountain areas of Britain from Tuesday, 17 June, 2025**

Humid southwesterly winds early this week brings low cloud and spells of drizzly rain to western hills. High pressure to the south will tend to expand northwards during midweek, with dry conditions and warm air for all regions, sunshine and fair-weather cloud. Winds becoming light south to southeasterlies later in the week. Uncertainty by next weekend into early the following week, a risk of some rain or showers returning as pressure tends to fall.

**Forecast issued at 16:00 on Sunday, 15 June, 2025**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.