

Cairngorms NP and Monadhliath

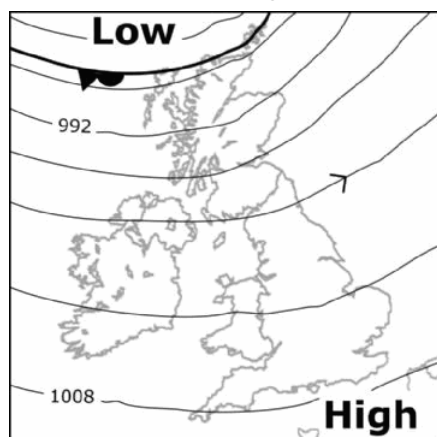
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Wednesday, 4 June, 2025



British Mountain Summary:

Based on forecast chart for noon 4 June, 2025

Cold: showers (very frequent west) of hail and on higher slopes snow and gale force upland winds. Southward into England and Wales, a little less cold, progressively fewer showers and decreasingly windy.

Headline for Cairngorms NP and Monadhliath

Upland gales; showery rain and snow and extensive fog.

Detailed Forecast for Wednesday, 4 June, 2025

How windy? (On the Munros) Effect of wind on you?	Southwest to westerly 40 to on Cairngorm plateau 45mph mid morning. Will slowly ease: by evening the range 30 to 35mph. Generally gustiest winds in precipitation. Considerable buffeting and significant wind chill. Higher up, walking and balance often difficult, particularly in precipitation.
How wet? (Precipitation and its impact)	Showery rain, hail and on higher slopes snow. Driest toward Deeside. Showery rain on and off west to A9. Higher up, intermittent hail and above 700m later 1100m snow, the snow lying on higher slopes, particularly morning. Progressively east of A9, less wet: toward Deeside showers often well scattered.
Cloud on the hills? Chance of cloud free Munros?	Higher mountains cloud covered all day; highest base toward Deeside Typical cloud base 500 to 750m west of A9 and from Ben Alder east to summits accessed north from Glen Garry. Otherwise cloud base generally rising toward Deeside, where cloud rare below 750 and breaks to 1050m. 10%
Sunshine? Air clarity (below cloud)	Glimpses of sun, mainly lower slopes Cairngorms/Deeside. Visibility often poor, sometimes appalling in snow; but very good toward Deeside
How Cold? (at 900m) Freezing Level	0C lifting to 4C Feeling as cold as -12C where exposed to the wind. 900m at first, lifting to 1300m into afternoon.

Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 5 June	Friday 6 June
How windy? (On the Munros) Effect of wind on you?	Between west and southwest typically 25mph Cairngorm plateau and 20mph elsewhere; gusty near showers. Fairly small.	West backing southwesterly 10 to 15mph Small or negligible
How wet? (Precipitation and its impact)	Showers; few reaching Deeside Occasional showers, mainly west of A9 morning and elsewhere afternoon - few showers eastern summits Cairngorms NP. Hail higher slopes and sleet above 1000m.	Heavy showers, mainly afternoon. Hail. Showers: very few morning, then through afternoon showers more widely, some heavy. Hail, and snow above about 1050m.
Cloud on the hills? Chance of cloud free Munros?	Mostly confined to higher tops Cloud base will tend to rise during morning. From midday, west of A9 cloud base ranging between 700 to 1000m, lowest near showers, whilst progressively east toward Deeside cloud base will rise to 900 to 1200m. 20%	Clearing most, perhaps nearly all summits by afternoon Cloud base rising; by late morning most cloud above or well above 1200m. 70% by midday
Sunshine? Air clarity (below cloud)	Occasional sunshine although progressively sunnier east across Cairngorms NP. Very good visibility but temporarily poor in precipitation.	Patchwork of sunshine, although cloud tending to fill in at times afternoon. Excellent visibility - temporarily poor in precipitation.
How Cold? (at 900m) Freezing Level	4C. Will feel near or below -5C in the wind. 1200m at first; above the summits by afternoon.	3C rising to 8C. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 5 June, 2025

Remaining chilly (intermittently near freezing point highest Scottish summits) for the remainder of the week - and probably most of next week. Rainfall and low cloud will remain frequent across particularly western mountains. Often windy higher summits - although mostly speeds below gale force.

Forecast issued at 15:03 on Tuesday, 3 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.