

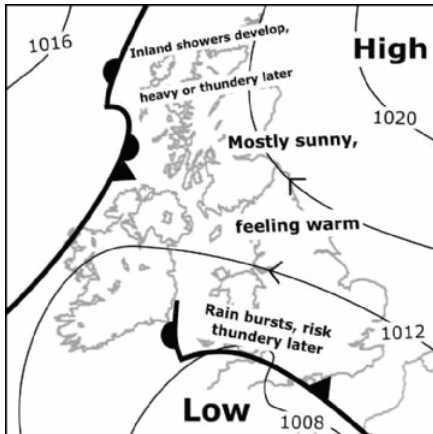
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Sunday, 11 May, 2025



British Mountain Summary:

Based on forecast chart for noon 11 May, 2025

Showers develop inland western Scotland, heavy bursts or thunderstorms possible northwest later. Chance spots of rain south Scotland and north England, though mostly sunny. Modest winds here, some increase after dusk. Bursts of showery rain south Wales, chance localised thunderstorms later; some drift into north Wales.

Headline for Cairngorms NP and Monadhliath

High cloud gradually builds; low chance of rain

Detailed Forecast for Sunday, 11 May, 2025

How windy? (On the Munros)	Southerly 15-25mph most of the day; strongest winds at dawn, up to 30mph over high tops. Winds ease in the west later afternoon to 10mph or less and becoming variable in direction.
Effect of wind on you?	Some walking impeded in the morning, notably on exposed high terrain, becoming small.
How wet? (Precipitation and its impact)	Little rain expected Chance spots of light rain afternoon, most likely west Cairngorms and Monadhliath. Increasing likelihood later in the day of odd heavy bursts.
Cloud on the hills?	If any, only high tops in rain Clear mountains most of the day. Small chance that cloud bases may lower onto higher tops in the afternoon/evening during bursts of rain.
Chance of cloud free Munros?	Above 90%
Sunshine? Air clarity (below cloud)	Mostly sunny through morning. A patchwork of cloud builds through the day and may fill in quite extensively by later afternoon. Excellent visibility.
How Cold? (at 900m)	8 or 9C, coolest temperatures west of the A9. Rising only slightly during the day; north Cairngorm plateau may rise more than other areas, up to 11C.
Freezing Level	Above the summits

Cairngorms NP and Monadhliath - Looking Ahead

	Monday 12 May	Tuesday 13 May
How windy? (On the Munros)	East or southeasterly, 15-25mph.	Southeasterly or variable 10mph or less.
Effect of wind on you?	Fairly small, comfortable walking becoming affected in highest winds.	Negligible
How wet? (Precipitation and its impact)	Chance odd spots of light rain Detail uncertain: A few odd spots of light rain may come and go. Chance largely dry.	No rain expected
Cloud on the hills?	Little or none after morning sea fog Patches of sea fog at dawn on lower and mid-slopes of Deeside and south Cairngorms, clearing through morning. Mountains often clear though bases occasionally touch high tops, further lowering if rain occurs	Dawn sea fog north and east soon fades At dawn, local patches of sea fog on low slopes of northern Cairngorms and Monadhliath as well as Deeside. Fading to cloud-free by noon.
Chance of cloud free Munros?	80%	Becoming above 90%
Sunshine? Air clarity (below cloud)	Intermittent sun between high cloud, becoming more frequent. Excellent visibility.	Extensive sunshine, thin high cloud drifts inland from the north later. Excellent visibility.
How Cold? (at 900m)	9C, rising to 11C, up to 13C Monadhliath. Deeside and east Cairngorms may see only minimal increase.	At dawn, 8C south Cairngorms and Deeside, nearer 10C north. Rising several degrees for all, up to 14C north.
Freezing Level	Above the summits	Above the summits

Planning Outlook**All mountain areas of Britain from Monday, 12 May, 2025**

Lingering bursts of rain in Wales early next week will gradually fade as low pressure slips away. Only odd spots of rain in northwest England and west Scotland, soon fading. A continental wind track and high pressure to the east will keep most cloud above the summits next week, with eastern areas often sunny. Settled conditions prevail midweek into next weekend as high pressure reestablishes just north of the British Isles. A mix of cloud and sun with light winds, generally easterly though variable with little change day to day. Slight frosts at dawn in sheltered spots, mostly warm by day. Very dry ground conditions, beware high risk of fire.

Forecast issued at 16:23 on Saturday, 10 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.