MOUNTAIN WEATHER INFORMATION SERVICE

Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

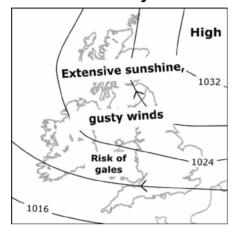


the national agency for sport

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General Summary for Wednesday, 2 April, 2025



British Mountain Summary: Based on forecast chart for noon 2 April, 2025

Dry and widely sunny. Low slopes and valleys near east coasts may see patchy dawn mist, some reaching higher terrain in England, though soon dissipating. A gusty breeze in all areas, notably along Scotland's west coast and down western slopes in England and Wales. Strongest winds in Wales with a risk of gales in the morning.

Headline for Cairngorms NP and Monadhliath

Gusty winds, notably east. Dry and sunny,

Detailed Forecast for Wednesday, 2 April, 2025

How windy? (On the Munros)	Southerly 20-25mph, to 30mph higher Cairngorms. Gusty, including sudden gusts around lower slopes, particularly east Cairngorms and Deeside.	
Effect of wind on you?	Walking and balance starting to be affected on high terrain, buffeting gusts on some slopes. Notable wind chill in places.	
How wet? (Precipitation and its impact)	No precipitation	
Cloud on the hills?	No cloud	
Chance of cloud free Munros?	Practically certain	
Sunshine? Air clarity (below cloud)	Extensive sunshine. Visibility excellent.	
How Cold? (at 900m)	6 to 8C, nearer 10C on north-facing mid-slopes in the morning. Feeling near 0C in highest winds on tops.	
Freezing Level	Above the summits. Slight frost in glens at dawn.	

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Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 2 April	Friday 4 Amril
	Thursday 3 April	Friday 4 April
How windy? (On the Munros)	East to southeasterly, 10mph to in places gusty 20-25mph around some tops and downslope just west of summits.	Southeasterly 20-25mph. Gusty, notably through elevated mountain passes and high tops.
Effect of wind on you?	Mostly small	Comfortable walking affected with buffeting gusts. Feeling chilly.
How wet? (Precipitation and its impact)	No precipitation expected	No precipitation expected
Cloud on the hills?	No cloud expected	Little cloud expected
	Possible mist patches some eastern glens from dawn, soon dispersing.	Patchy low-level fog on slopes facing coasts soon dissipates. Occasional cloud patches capping tops east Cairngorms and Deeside, clear to the west.
Chance of cloud free Munros?	Above 90%	90%
Sunshine? Air clarity (below cloud)	Extensive sunshine. Visibility excellent.	Extensive sunshine, occasional clouds easternmost areas. Excellent visibility.
How Cold? (at 900m)	6C, locally warmer toward west.	5C, rising a few degrees through the afternoon. Feeling near/just below freezing in wind.
Freezing Level	Above the summits. Slight frost in glens at dawn.	Above the summits. Slight frosts at dawn for some glens and sheltered corries.

Planning Outlook

All mountain areas of Britain from Thursday, 3 April, 2025

High pressure is centered to the northeast through the weekend, with the core of high pressure meandering near the British Isles into the next week. Extensively dry and warm with frequent sunshine. Some high cloud may come and go, becoming more frequent later in the week. Chilly mornings in valleys, slight frost and sometimes misty where sheltered, though mists will soon clear for mostly cloud-free days. East to southeasterly winds prevail, gusty in places, strongest speeds for Wales.

Forecast issued at 15:41 on Tuesday, 1 April, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.