

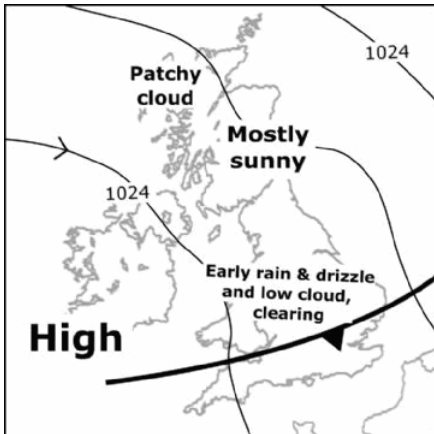
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Tuesday, 25 March, 2025



British Mountain Summary:

Based on forecast chart for noon 25 March, 2025

Fine weather for Scotland, sunshine best toward the south and east, chance of a brief shower northwest. Chilly breezes over higher terrain. A front clearing southwards over England & Wales brings a little rain and cloud covering the hills, but improving from the north.

Headline for Cairngorms NP and Monadhliath

Breezy on tops. Dry with sunshine and patchy cloud.

Detailed Forecast for Tuesday, 25 March, 2025

How windy? (On the Munros)	Westerly 25 to 35mph, at times 40mph higher Cairngorms in the morning.
Effect of wind on you?	Affecting comfortable walking over higher terrain and balance on exposed ridges. Considerable wind chill.
How wet? (Precipitation and its impact)	Dry all day Remnants of overnight rain clearing before dawn to leave a dry day.
Cloud on the hills?	Very little Brief patches over higher slopes in the morning, lifting to be mostly above higher summits.
Chance of cloud free Munros?	70% rising above 90%
Sunshine? Air clarity (below cloud)	Patchwork of sun, best toward Deeside. Visibility excellent.
How Cold? (at 900m)	3 to 5C. Wind chill feeling like -5 to -8C.
Freezing Level	Close to highest summits in the morning, rising further above the tops. Patchy snow lying on highest terrain.

Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 26 March	Thursday 27 March
How windy? (On the Munros) Effect of wind on you?	Southwesterly, strengthening 30 to 45mph, risk 60mph higher Cairngorms toward evening. Deteriorating to make walking increasingly arduous, later difficult on higher terrain, wind chill becoming significant.	Southwesterly 35 to 50mph, strongest over Cairngorm plateau, at times 60mph higher tops. Strenuous walking, balance often affected on exposed tops and ridges, frequent buffeting. Significant wind chill.
How wet? (Precipitation and its impact)	Rain unlikely until evening Dry most or all daylight. Rain then developing from the west from dusk onward into night.	Occasional rain spots A little rain occasionally in the wind, mainly west of the A9, snow grains higher tops. Later in the day risk more persistent rain developing from west, but little reaching eastern Cairngorms NP.
Cloud on the hills?	Mostly clear, local patches Patchy mist lower slopes from dawn. Some cloud banks drifting over upper slopes, but many hills often clear. Toward evening, risk lowering cloud starting to fill in from west.	Mostly higher tops, lowering southwest Banks of cloud mostly above 900m, some breaks to higher slopes in east & north. Becoming more persistent over upper slopes and lowering from the west with time, to around 700m Drumochter area.
Chance of cloud free Munros?	80%	40%, later 20%
Sunshine? Air clarity (below cloud)	A veil of high cloud with a little weak sun; cloud tending to thicken from west. Visibility very good.	A little weak sun through high cloud, giving way to thickening cloud cover. Visibility very good, becoming slightly hazy.
How Cold? (at 900m) Freezing Level	1 to 4C. Wind chill feeling like -10C, nearer -15C as speeds increase. Close to freezing some sheltered higher and lower slopes at dawn; otherwise above the summits.	1C rising to 3C. Wind chill feeling like -10C, to -15C on higher tops. 1000m early morning, rising to 1200m or above into afternoon.

Planning Outlook

All mountain areas of Britain from Wednesday, 26 March, 2025

Westerly winds prevailing from midweek through to the weekend - often gale force over the mountains, particularly Scotland. Spells of rain, most persistent in western Scotland. Temperatures near or just above freezing on Scottish tops midweek, then widely chillier by Friday into the weekend - sub-zero on all hills above 800m, with showers of snow on hills and sometimes hail. An improving trend by Sunday into early next week high pressure starts to rebuild, bringing dry weather and lighter winds for most places.

Forecast issued at 15:40 on Monday, 24 March, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.