

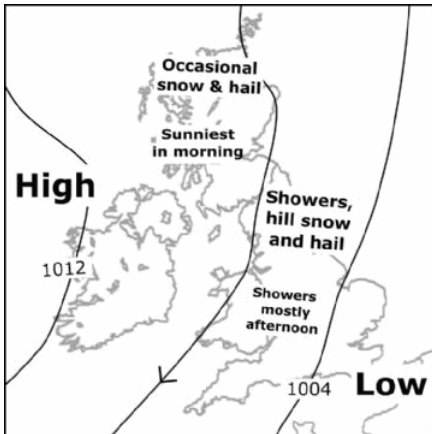
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Thursday, 13 March, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 13 March, 2025

Chilly northerly winds, strongest over the Pennines, here bringing a scattering of mostly brief showers with hail and hill snow. Local areas of snow showers in northern Scotland too. Otherwise, largely dry, only isolated flurries and some sun, typically best in the morning. Evening into night, some snow develops from north for Highlands.

#### Headline for Cairngorms NP and Monadhliath

Chilly wind. Snow showers mostly northern areas.

## Detailed Forecast for Thursday, 13 March, 2025

|  |   |
|--|---|
| <b>How windy? (On the Munros)</b>              | Northerly 15 or 20mph; gusty near precipitation.  |
| <b>Effect of wind on you?</b>                  | <b>Mostly small</b>   |
| <b>How wet? (Precipitation and its impact)</b> | <b>Occasional flurries mainly north</b><br>Cairngorms and Deeside: Snow flurries, mostly toward the north, soft hail possible. Further southwest: rare brief flurries mostly afternoon. Later evening into night, some more frequent snow passing southwards. |
| <b>Cloud on the hills?</b>                     | <b>Intermittently lifting off higher summits</b><br>Cloud banks above 800m in northern Cairngorms in morning, becoming confined above 1000m and most higher tops occasionally clearing, best in southern areas.   |
| <b>Chance of cloud free Munros?</b>            | <b>40% north to 70% south.</b>  |
| <b>Sunshine? Air clarity (below cloud)</b>     | Occasional bright sun, mostly south.<br>Excellent visibility.   |
| <b>How Cold? (at 900m)</b>                     | -3C; rising marginally through day.<br>In the wind, feeling nearer -10C on higher Cairngorms.   |
| <b>Freezing Level</b>                          | 500m; tending to rise to 700m more southern ranges through day.<br>Frost many glens post dawn.  |

## Cairngorms NP and Monadhliath - Looking Ahead

|   | Friday 14 March   | Saturday 15 March  |
|---|---|--|
| <b>How windy? (On the Munros)</b>                 | North-northeasterly 15-25mph. Notable gustiness in the north.   | West to northwesterly 20mph, at times 25-30mph higher Cairngorms.  |
| <b>Effect of wind on you?</b>                     | <b>Fairly small, some inconvenient gusts.</b>   | <b>Marked wind chill, feeling blustery in places where exposed on higher tops.</b>   |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Snow and hail showers</b><br>Brief spells of snow/hail onto Cairngorm plateau and north. Isolated wintry showers south. Some overnight snow leaving a fresh covering in places.  | <b>Precipitation unlikely</b><br>Small chance of a brief light flurry in the afternoon, spots of rain below 700m.  |
| <b>Cloud on the hills?</b>                        | <b>Cloud banks north, often clear south</b><br><br>Frequent cloud banks on the north Cairngorm plateau with bases near 700m. Cloud banks come and go Deeside. Peaks often clear south, bases rarely reaching below 1000m. | <b>Patches higher tops</b><br><br>Many mountains starting clear. Some patches forming during morning above 900-1000m, lifting mostly to 1200m and clearing highest tops for periods. |
| <b>Chance of cloud free Munros?</b>               | <b>40% north, 70% south</b>   | <b>70%</b>   |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Patchwork of sun north, frequent in the south.<br>Excellent visibility, poor spells in showers.   | Sunshine best in the morning, then cloudier skies develop with patchy sun.<br>Visibility excellent.  |
| <b>How Cold? (at 900m)</b>                        | -3C, rising a degree or two south of Cairngorm plateau.   | -2C rising to 0C or slightly higher afternoon.<br>Feeling like -10C directly in the wind.  |
| <b>Freezing Level</b>                             | Widespread frost across all terrain in the early morning. Rising to 700m, or slightly higher southern Cairngorm NP.   | Much terrain frozen with frost into glens from dawn. Rising to 900m or slightly higher during afternoon.   |

**Planning Outlook****All mountain areas of Britain from Friday, 14 March, 2025**

Staying cold through the weekend into the start of next week, with frost overnight to lower slopes and valleys, then during the daytimes the freezing level lifting onto higher slopes. Higher pressure expands across all areas from the north, bringing largely dry conditions and rare brief light showers. A largely fine weekend ahead with light winds, sunny spells, variable cloud, and very clear crisp air. Some showers may run into northern Scotland on stronger winds here. Next week, a gradual shift back to less cold southeasterlies, with some showery rain developing from midweek, possibly more widespread spells of rain and some hill snow later in the week.

**Forecast issued at 16:00 on Wednesday, 12 March, 2025**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.