

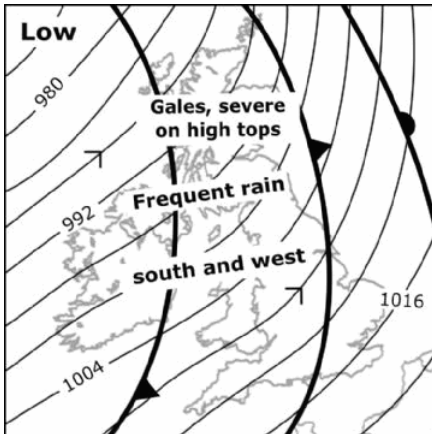
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Thursday, 20 February, 2025



British Mountain Summary:

Based on forecast chart for noon 20 February, 2025

Gale force winds widespread across the mountains. South and west areas will often be rainy, most persistent near coasts, some heavy bursts at times moving inland. Less rain further east & northeast. Extensive low cloud shrouding the hills.

Headline for Cairngorms NP and Monadhliath

Gales widely. Cloudy with rainy spells.

Detailed Forecast for Thursday, 20 February, 2025

How windy? (On the Munros)	Southerly 50-55mph. Some gusts reaching 65mph Deeside. A slight southwesterly shift in the afternoon.
Effect of wind on you?	Any walking difficult, you may struggle to stay on your feet. Severe wind chill.
How wet? (Precipitation and its impact)	Rain south and west, patchy to the north Spells of rain through the day west and southern Cairngorms. Rain more spotty northern Cairngorms and Monadhliath, showery here later afternoon.
Cloud on the hills?	Extensive south, varied north Cloud to lowest slopes abundant in the south. Bases will be highest Monadhliath east to N Cairngorms and Deeside where breaks to 800m, locally 1000m.
Chance of cloud free Munros?	10%, 30% north
Sunshine? Air clarity (below cloud)	Little or no sunshine. Visibility mostly poor, very poor in precipitation.
How Cold? (at 900m)	5C, cooling a degree or two through the afternoon. Feeling like -10C in the wind.
Freezing Level	Above the summits. Where frozen, terrain will thaw through the day.

Cairngorms NP and Monadhliath - Looking Ahead

	Friday 21 February	Saturday 22 February
How windy? (On the Munros) Effect of wind on you?	Southerly, soon 60-80mph. Any mobility very difficult. Severe wind chill.	Southwesterly 25-35mph. Strongest winds around Monadhliath, up to 40mph around dawn. Walking strenuous at times with some stability challenges. Significant wind chill.
How wet? (Precipitation and its impact)	Wet south, intermittent spells north Often raining west and south Cairngorms. Some spells of rain will reach north over the Cairngorm plateau.	Little precipitation expected A few patches of light drizzle into areas west of A9, brief flurries on Munros.
Cloud on the hills? Chance of cloud free Munros?	Extensive south, varied north Extensive mid-to-low cloud south Cairngorm plateau. Bases will be highest Monadhliath east to N Cairngorms, perhaps towards 1000m at times. 20%	Few patches southwest, tops clear Cloud banks often lingering on higher slopes around the A9 and south Cairngorms. Higher summits near the top of the cloud layer. Slopes north of Cairngorm plateau often clear. 50% south, 80% north
Sunshine? Air clarity (below cloud)	Little or no sunshine. Poor visibility, very poor in precipitation.	Glimpses of sunshine south, frequent or widely sunny north. Good visibility, excellent north.
How Cold? (at 900m) Freezing Level	6 to 7C. Western areas may slightly cool in the afternoon. Feeling as cold as -12C in wind. Above the summits.	2C Feeling like -8C in the wind. 1200m. Mostly above Deeside summits.

Planning Outlook

All mountain areas of Britain from Friday, 21 February, 2025

Frequent rain and periods of gale or storm force upland wind over the next several days. All terrain will have thawed by the weekend, though on Saturday, higher Scottish summits will be below freezing and over England and Wales there will be a lull in the wind. Deteriorating again widely into Sunday. Becoming very wet underfoot on western mountains.

Next week sees lower temperatures, a return to mostly sub-freezing conditions over Scottish Munros, whilst lower Scottish hills plus mountains in England & Wales will see some freeze and thaw. Showery conditions with hail and upland snow, mixed with occasionally more widespread precipitation and low cloud, though periods of clearing will occur as well.

Forecast issued at 16:21 on Wednesday, 19 February, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.