

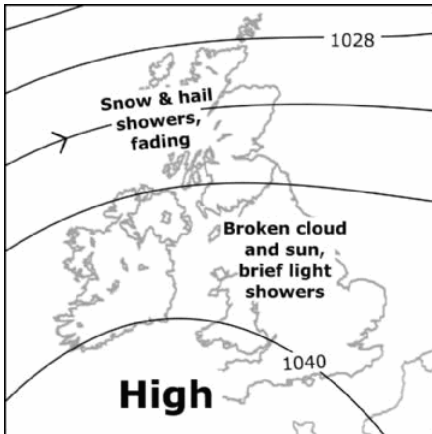
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Wednesday, 5 February, 2025



British Mountain Summary:

Based on forecast chart for noon 5 February, 2025

Chilly westerly winds, strongest in northern Scotland, gale-force on higher mountains. Showers of snow and hail mostly over western Scotland in the morning will tend to fade with time. Patchy cloud across many western tops, some breaks forming.

Headline for Cairngorms NP and Monadhliath

Windy, up to gale-force high tops. Brief snow showers fading.

Detailed Forecast for Wednesday, 5 February, 2025

How windy? (On the Munros)	West to southwesterly, 30mph, up to 45mph in places higher Cairngorm plateau; local downslope gusts; lessening a little.
Effect of wind on you?	Blustery over higher slopes, more arduous on some exposed high tops plus buffeting gusts toward east. Significant wind chill.
How wet? (Precipitation and its impact)	Possible snow or hail showers briefly One or two brief showers of snow or hail passing from west to east, mainly morning. Fading out to be largely dry, particularly east and northeastern areas.
Cloud on the hills?	Clearing tops increasingly, especially east Patches of cloud likely to come and go on higher slopes in the morning, mostly western parts of Cairngorms NP, above 900m. Breaks to most tops at times into afternoon. More often clearing toward Lecht and Deeside.
Chance of cloud free Munros?	60%, rising to 80% east.
Sunshine? Air clarity (below cloud)	Intermittent sunshine, best toward east. Visibility mostly very good.
How Cold? (at 900m)	-2C rising to 0C. Wind chill feeling like -10 to -15C.
Freezing Level	600-700m, plus frost in some glens from dawn, rising slowly just above freezing point to 900m, locally higher toward east. Some icy surfaces, fresh dusting of snow.

Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 6 February	Friday 7 February
How windy? (On the Munros) Effect of wind on you?	S-SW'ly 25mph, but risk gusts 40mph on some higher summits and locally downslope from northern corries. Affecting comfortable walking in places on upper slopes; sudden buffeting some mid-slopes in north; considerable wind chill.	South to southeasterly 20mph, to in places gusty 30mph over higher Cairngorms and locally downslope from northern corries. Often fairly small, but occasional gusty areas may affect comfortable walking, also giving marked wind chill.
How wet? (Precipitation and its impact)	No precipitation	No precipitation
Cloud on the hills?	Little if any Fragments of cloud drifting around some slopes and possibly corries, mainly southern Cairngorms NP. Most summits often clear.	Largely clear, rare patches Possible patches or only fragments of cloud occasionally forming on mid to upper slopes in southern Cairngorms NP.
Chance of cloud free Munros?	90%	90%
Sunshine? Air clarity (below cloud)	Generally sunny. Visibility excellent.	Extensive sunshine most of region, a little patchy cloud further south. Visibility excellent.
How Cold? (at 900m) Freezing Level	0 or 1C, but some slopes rising near 5C, particularly north of the Cairngorms. Wind chill feeling like -7C. Terrain frozen or part-frozen, including frost in most glens early morning. Gradual thawing at many elevations in the sun.	Around 0C, small change with height, locally slightly higher in north. Wind chill in places feeling near -10C. Varied, much terrain part-frozen, to near 600m toward south, but may be 1000m or higher in north. Also frost in some glens.

Planning Outlook

All mountain areas of Britain from Thursday, 6 February, 2025

High pressure builds and becomes centred around Scandinavia in the extended outlook into next week. A chilly east to southeasterly pattern is likely to prevail into mid-February. Some lulls, but periods of gusty winds will give significant wind chill. Often extensively dry, but occasional snow flurries mainly over England & Wales, occasionally also eastern Scotland. Variable amounts of cloud, although the west and especially northwest Highlands often clear and sunny. Some mountains above freezing later this week, but from the weekend, generally sub-zero across all mountains - a sustained period of freeze from many lower slopes upward. Frost common into the valleys.

Forecast issued at 15:00 on Tuesday, 4 February, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.