

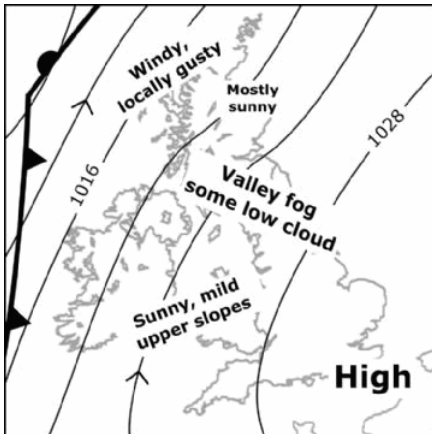
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Saturday, 18 January, 2025



British Mountain Summary:

Based on forecast chart for noon 18 January, 2025

Southerly winds strongest toward northwest Scotland, locally very gusty. A fine day overall, with plentiful sunshine across the tops, in places above an inversion with banks of low cloud and fog on lower and some mid-elevation slopes, mostly on south-facing hills.

Headline for Cairngorms NP and Monadhliath

Gusty wind. Sunshine, largely clear.

Detailed Forecast for Saturday, 18 January, 2025

How windy? (On the Munros)	Gusty south to southwesterly 25 to 35mph, probably highest in the morning.
Effect of wind on you?	Your balance will be affected on high ground. Beware gusts throwing you further off balance on downslopes. Marked or significant wind chill.
How wet? (Precipitation and its impact)	No precipitation expected
Cloud on the hills?	Very little if any Rare fragments around some southern slopes and corries.
Chance of cloud free Munros?	90%
Sunshine? Air clarity (below cloud)	Extensive sunshine, possibly weakened by high cloud. Excellent visibility becoming superb on high ground.
How Cold? (at 900m)	Around 2C, up to 8C on summits and north slopes, though uncertain. Risk feeling around -10C in wind.
Freezing Level	Above the summits.

Cairngorms NP and Monadhliath - Looking Ahead

	Sunday 19 January	Monday 20 January
How windy? (On the Munros) Effect of wind on you?	Southerly, 10-20mph. Higher winds near mountain tops and eastern Cairngorm Plateau, up to 25mph. Minimal effect in most places. Walking becoming impeded and some stability challenges on higher terrain.	Southwesterly 25-30mph. Walking starting to be impeded. Marked wind chill.
How wet? (Precipitation and its impact)	No precipitation expected	Little precipitation expected Brief spells of rain possible, more likely west; sleet on higher tops.
Cloud on the hills?	Low fog/cloud banks, clear higher Some fog/low clouds linger on lower slopes and bottoms of glens south of Cairngorm plateau. Mostly at or below 600m. Thicker clouds in immediate vicinity of highest tops, though clouds tops staying near 800m.	Cloudy west, north/east mostly clear Early patchy low cloud in most places soon clearing. Clouds quite persistent near Drumochter. Windward hills of the Cairngorms will see cloud come and go, mostly clear further north/eastwards.
Chance of cloud free Munros?	20% low, 80% above 800m and north	30% west, 70% east
Sunshine? Air clarity (below cloud)	Widely sunny above fog/cloud banks and generally northern areas toward Glenmore. Excellent visibility.	Where out of hill clouds, decent sunshine through some high clouds. Visibility good.
How Cold? (at 900m) Freezing Level	2C, cooler in valley/glen fog patches. Up to 5C on north slopes of Cairngorm plateau. Above the summits	2C, up to 4C on northern hills. Feeling like -8C in the wind. Near freezing on highest summits

Planning Outlook

All mountain areas of Britain from Sunday, 19 January, 2025

Slow changes in the days ahead as high pressure to the southeast slowly fades and allows weak fronts to make inroads from the west. Small amounts of precipitation until later next week - patchy drizzle in places, locally snow flurries developing as temperature falls slowly. South to southeasterly winds prevailing, locally very gusty, bringing areas of low cloud or fog - at times higher slopes clear above the cloud. Sunniest overall toward north of major hill groups. Deeper areas of low pressure over the Atlantic are expected toward late January, bringing a risk of more frequent precipitation and periods of gales or possibly stormy winds at times; fluctuating temperatures and freeze-thaw cycles.

Forecast issued at 16:30 on Friday, 17 January, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.