

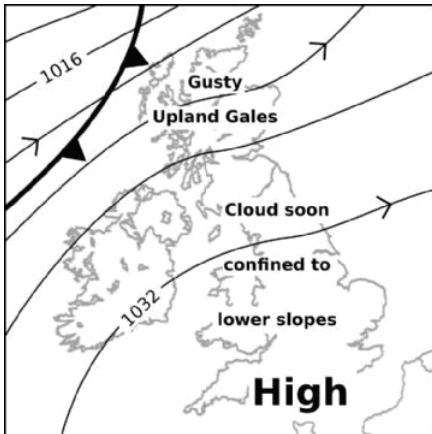
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



**Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com**

General Summary for Wednesday, 15 January, 2025



British Mountain Summary:

Based on forecast chart for noon 15 January, 2025

Strong upland gales and powerful gusts over the Highlands; wind getting increasingly lighter further south. Extensive cloud possible in the morning but will very soon be confined to the lower slopes and many summits will be cloud free and dry. Superb visibility on high ground, above haze layer. Feeling mild, especially where wind is light.

Headline for Cairngorms NP and Monadhliath

Upland gales, easing. Dry and clear later.

Detailed Forecast for Wednesday, 15 January, 2025

How windy? (On the Munros)	Southwesterly widely 40-55mph higher exposed areas. Sudden gusts on some lower slopes. Winds easing to 30mph after dark.
Effect of wind on you?	Marked strengthening with height will lead to arduous or difficult walking and significant wind chill where exposed.
How wet? (Precipitation and its impact)	Precipitation unlikely
Cloud on the hills?	May well all clear higher areas - persisting on some lower areas Cloud covering many areas at first, but may well be or become confined to lower slopes and clear completely many areas (most likely Monadhliath to northern Cairngorms and Deeside).
Chance of cloud free Munros?	Becoming 70%
Sunshine? Air clarity (below cloud)	Bright sunshine may well be or become extensive; with superb visibility on higher slopes.
How Cold? (at 900m)	Varied: mostly between 5 and 8C, perhaps 12C on summits accessible from and north of Deeside. Will feel as cold as minus 6C in the wind.
Freezing Level	Above the summits with continued thaw of snow and still partly frozen terrain.

Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 16 January	Friday 17 January
How windy? (On the Munros) Effect of wind on you?	South to southwesterly; strengthening markedly with height to 45mph, to locally 60mph Cairngorm plateau. Difficult walking conditions and severe wind chill, particularly Cairngorms. Expect considerable buffeting in powerful gusts.	West to southwesterly 55 to 70mph, with the highest speeds likely in the morning. Very gusty, particularly on mid-slopes. Mobility incredibly difficult where exposed to the full strength of the wind, especially morning. Gusts may easily blow you over. Significant wind chill.
How wet? (Precipitation and its impact)	Rain not expected	Little or no rain
Cloud on the hills?	Little if any Mountains nearly all cloud free. There may be fragments of cloud some slopes Ben Alder area.	Widespread Cloud will shroud most higher ground, from mid-slopes up. Highest chances of breaks in the Northern Cairngorms.
Chance of cloud free Munros?	80%	30%
Sunshine? Air clarity (below cloud)	Extensive bright sunshine and superb visibility.	Patchy sunshine at times in northern regions. Excellent visibility if out of cloud.
How Cold? (at 900m) Freezing Level	8C to perhaps 12C. Will feel as cold as minus -6C directly in the wind. Above the summits.	7C. Feeling as cold as -10C in the wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 16 January, 2025

Persistent thaw through the week as very mild air arrives from the southwest and later south. There will be a little drizzly rain near the west coasts - possibly wetter in some areas from the weekend. However, from time to time, mountains, most frequently in England and Wales will clear (sometimes above fog on lower slopes). Winds sometimes fairly light, particularly Wales, but windier progressively northwards with periods of upland gales Scottish Highlands.

Forecast issued at 16:30 on Tuesday, 14 January, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.