

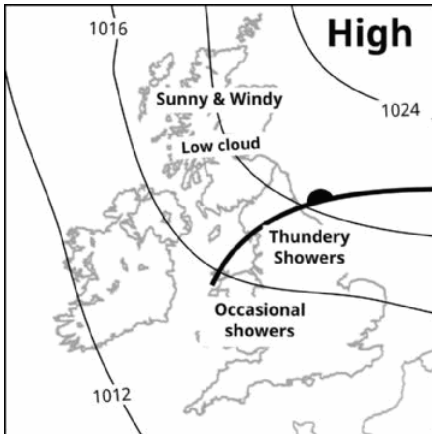
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Sunday, 1 September, 2024



British Mountain Summary:

Based on forecast chart for noon 1 September, 2024

Mostly dry in Scotland, late afternoon showers possible in Southern Uplands and toward the evening in Southern Highlands. Unstable through England, with thundery rain here and there. Localised light showers in Snowdonia. Patchy sun for most, best Cairngorms and far north.

Headline for Cairngorms NP and Monadhliath

Dry, cloudy in the south, chilly winds

Detailed Forecast for Sunday, 1 September, 2024

How windy? (On the Munros)	South to southeasterly 20 to 35mph, the strongest winds likely in the afternoon.
Effect of wind on you?	Your balance will be increasingly affected and walking will start to feel challenging at times. Beware of sudden gusts on downslopes. Marked wind chill.
How wet? (Precipitation and its impact)	No rain expected Showers during the night to Monday.
Cloud on the hills?	Clear in the north Northern Cairngorms clear, cloud often covering the hills southwards towards Drumochter and south of Ben Macdui.
Chance of cloud free Munros?	80% in the north; 40% south
Sunshine? Air clarity (below cloud)	Bright morning but cloudier afternoon from the south, most sunny hours Monadhliath. Excellent visibility.
How Cold? (at 900m)	9C. Feeling around freezing in stronger wind.
Freezing Level	Above the summits.

Cairngorms NP and Monadhliath - Looking Ahead

	Monday 2 September	Tuesday 3 September
How windy? (On the Munros) Effect of wind on you?	Forecast confidence still low: Southeasterly or variable, mostly 10-15mph, afternoon strengthening to Starting small, later possibly becoming blustery and impeding comfortable walking.	Variable, widely 10 to 25mph. Mostly small.
How wet? (Precipitation and its impact)	Rain on and off, chance thunder Areas of possibly thundery rain, most likely in the east, possibly heavy in places. Details highly uncertain.	Rain on and off, most frequent east Morning rain, clearing northwards. Later wet spells toward Deeside, heavy bursts and thunder possible. Details highly uncertain.
Cloud on the hills? Chance of cloud free Munros?	Hills covered extensively Widespread low cloud most of the day most of the region, but particularly south and eastern Cairngorms NP. 10%	Extensive in the east Covering the hills down to lower slopes at start, rising gradually above 1000m, but ragged patches of clouds from lower slopes upwards forming near and after showers in the east. 20% rising to 60% in the west
Sunshine? Air clarity (below cloud)	Overcast. Locally good visibility but often murky, especially toward Braemar.	Mostly cloudy. Air very clear, visibility locally reduced in rain.
How Cold? (at 900m) Freezing Level	10 to 13C, little change through the day. Above the summits.	Around 9C Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 2 September, 2024

Low confidence in the forecast for beginning of the next week. Monday is likely to be unsettled with rain or most, locally thundery. Localised showers continues into Tuesday, although conditions shall improve through Tuesday afternoon. Up to mid-week the temperature is likely cooler than over the weekend. Mid-week onward widely dry and often sunny with high pressure rebuilding during the second half of the week, bringing significantly warmer air. Such conditions may continue even into the following week.

Forecast issued at 15:56 on Saturday, 31 August, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.