

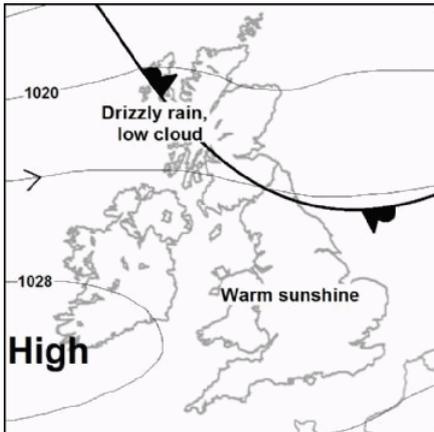
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Sunday, 7 August, 2022



British Mountain Summary:

Based on forecast chart for noon 7 August, 2022

Generally damp and murky across western Scotland, extensive fog from low elevations upward. Drizzly rain pushing northwards with lowering cloud bases. Largely dry eastern Highlands. Mostly dry northern England, some cloud banks on Lakeland tops. Widely breezy on hills. Sunny and warm for Wales and Peaks, lighter winds.

Headline for Cairngorms NP and Monadhliath

Patchy drizzle, low cloud mainly western Cairngorms. Breezy.

Detailed Forecast for Sunday, 7 August, 2022

How windy? (On the Munros)	Westerly, 15 to 25mph. For a few hours around dawn 35-40mph on higher summits.
Effect of wind on you?	Blustery on higher terrain, likely to impede ease of walking where exposed on the Munros. Feeling chilly.
How wet? (Precipitation and its impact)	Little or no rain most of Cairngorms Patchy drizzly rain focused on areas around Drumochter where may persist for a few hours, drifting north into Monadhliath afternoon. Otherwise, rare drizzly showers moving in from the west, but eastern areas generally dry.
Cloud on the hills?	Low cloud toward Drumochter becoming more extensive on tops afternoon. Banks of cloud confined to higher slopes toward western side of the Cairngorms in the morning, but increasingly filling in above 700-900m around Ben Alder for several hours in drizzly rain. Toward east and northeast, tops more often clear, but cloud banks lowering more widely during afternoon onto the Munros.
Chance of cloud free Munros?	50% lowering to 20% west/south; 80% east/northeast Cairngorms.
Sunshine? Air clarity (below cloud)	Fairly cloudy, but occasional sun, best toward Deeside and Lecht. Visibility good or very good, but mistier where drizzle occurs.
How Cold? (at 900m)	10 to 12C, little change during day, locally warmer some eastern slopes by afternoon. Wind chill will make it feel close to freezing where exposed on high tops.
Freezing Level	Above the summits

Cairngorms NP and Monadhliath - Looking Ahead

	Monday 8 August	Tuesday 9 August
How windy? (On the Munros) Effect of wind on you?	Southwesterly, 15 to 25mph, at times 30mph exposed tops on higher Cairngorms. Often fairly small, but likely to impede ease of walking over higher terrain, in places very blustery.	Southwesterly, likely to strengthen 20-25mph to 40mph, risk gusts over 50mph higher Cairngorms later in day. Increasingly very blustery, walking becoming arduous on exposed terrain, sudden gusts into some northern corries.
How wet? (Precipitation and its impact)	Rain not expected	Rain unlikely Rare drizzly showers, mostly western side of Cairngorms and on Monadhliath.
Cloud on the hills?	Mostly clear Patchy mist or fragments of cloud around some slopes in the morning, but soon all dispersing.	Most hills clear Patchy cloud may drift onto some higher slopes near/west of the A9 for a few hours, but most cloud above the mountains.
Chance of cloud free Munros?	90%	80%
Sunshine? Air clarity (below cloud)	Sunshine may weaken as thin high cloud spills in from west, plus a little fair-weather cloud building. Visibility excellent.	Sunshine and varied amounts of high cloud. Visibility excellent.
How Cold? (at 900m) Freezing Level	9 to 12C, warmest eastern Cairngorms. Above the summits	12 to 15C, warmest eastern areas. Above the summits

Planning Outlook**All mountain areas of Britain from Monday, 8 August, 2022**

Southwesterly winds continue to influence Scotland. Rain or drizzle will be most frequent in the Northwest Highlands, where low cloud will often shroud coastal hills. Winds strengthening at times toward gale force on the tops, strongest later Tuesday. Further south and east across Scotland, it will be commonly dry with higher cloud bases, becoming warmer and more humid with time. High pressure extends across England and Wales, leading to a settled outlook for the week ahead here, generally dry with light winds, becoming increasingly warm or very warm, particularly in southern areas.

Forecast issued at 16:00 on Saturday, 6 August, 2022

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.