

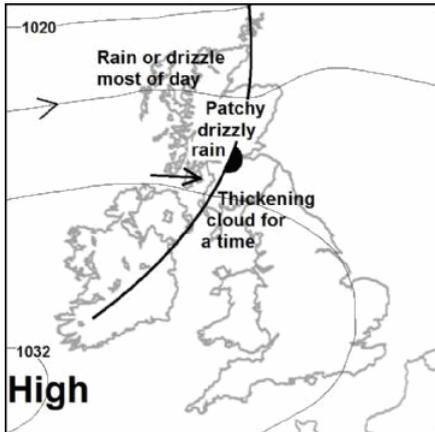
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Saturday, 6 August, 2022



British Mountain Summary:

Based on forecast chart for noon 6 August, 2022

A warm front passes eastwards across Scotland, bringing cloud, some rain or drizzle. The northwest stays damp, but areas toward central Scotland will become brighter. Thickening cloud over hills of northern England and a little drizzle. Dry and fairly sunny for Wales.

Headline for Cairngorms NP and Monadhliath

Breezy, quite cool. Varied cloud on tops, patchy drizzly rain.

Detailed Forecast for Saturday, 6 August, 2022

How windy? (On the Munros)	West to southwesterly, in the range 20 to 30mph, increasing toward evening to 35-40mph on higher Cairngorms.
Effect of wind on you?	Walking impeded where exposed on higher terrain, in places buffeting for periods. Increasingly arduous later in day. Feeling chilly on higher tops.
How wet? (Precipitation and its impact)	Occasional drizzly rain Small amounts of patchy drizzly rain passing eastwards during the morning, on and off for a few hours, then largely fading out through the middle of the day. A little drizzle or light rain likely to move back across Monadhliath and northern Cairngorms toward evening.
Cloud on the hills?	Covering higher slopes for periods, lowering in morning in rain. Varied cloud extent, some hills clear from dawn, particularly toward east. Lowering cloud spilling in from the west in the morning, mostly confined above 800m, or 1000m toward eastern Cairngorms, lower for a time in rain. Then likely to come and go on higher areas much of the day, most frequent in areas west of the A9.
Chance of cloud free Munros?	30% west, 50% east.
Sunshine? Air clarity (below cloud)	Fairly cloudy overall, glimpses of sun best toward Deeside. Visibility good below cloud, but hazy or misty for a while around drizzle.
How Cold? (at 900m)	6C rising to 9C. Will feel close to freezing directly in the wind.
Freezing Level	Above the summits

Cairngorms NP and Monadhliath - Looking Ahead

	Sunday 7 August	Monday 8 August
How windy? (On the Munros) Effect of wind on you?	Westerly, 20 to 25mph, occasionally 30-35mph on higher summits, possibly stronger just around dawn. Likely to impede ease of walking on exposed higher terrain, particularly early morning when may be arduous on tops.	Southwesterly, 15 to 25mph, at times 30mph exposed tops on higher Cairngorms. Often fairly small, but likely to impede ease of walking over higher terrain, in places very blustery.
How wet? (Precipitation and its impact)	Little or no rain Rare drizzly showers moving in from the west, but most places often dry.	Rain not expected
Cloud on the hills? Chance of cloud free Munros?	Mostly higher tops near/west of A9 Banks of cloud confined to higher slopes toward western side of the Cairngorms and may come and go above 900m around Ben Alder for several hours. Toward east and northeast, tops more often clear. 50% west, 80% east.	Mostly clear Patchy mist or fragments of cloud around some slopes in the morning, but soon all dispersing. 90%
Sunshine? Air clarity (below cloud)	Fairly cloudy, but occasional sun, best toward Deeside and Lecht. Visibility good or very good.	Sunshine may weaken as thin high cloud spills in from west, plus a little fair-weather cloud building. Visibility excellent.
How Cold? (at 900m) Freezing Level	10 to 12C, little change during day, locally warmer some eastern slopes by afternoon. Above the summits	9 to 12C, warmest eastern Cairngorms. Above the summits

Planning Outlook**All mountain areas of Britain from Sunday, 7 August, 2022**

Southwesterly winds continue to influence Scotland into next week. Rain or drizzle will be most frequent in the Northwest Highlands, where low cloud will often shroud coastal hills. Winds strengthening at times toward gale force on the tops. Further south and east across Scotland, it will be commonly dry with higher cloud bases, becoming warmer and more humid with time. High pressure extends across England and Wales, leading to a settled outlook for the week ahead here, generally dry with light winds, becoming increasingly warm or very warm, particularly in southern areas.

Forecast issued at 16:30 on Friday, 5 August, 2022

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.