

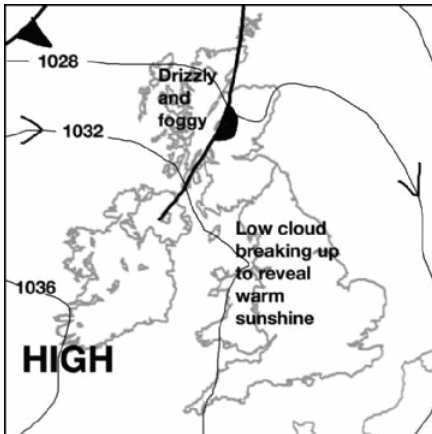
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Thursday, 7 July, 2022



### British Mountain Summary:

**Based on forecast chart for noon 7 July, 2022**

Scotland: Low cloud extensive west/northwest Highlands with drizzle toward west coast; more widely developing western hills later. Cloud breaking up to sunshine in the east.

England and Wales: Low cloud and patchy drizzle mostly clearing to sunshine, but may linger some western hills.

### Headline for Cairngorms NP and Monadhliath

Blustery with sun breaking through and low cloud mostly clearing. Returning later.

## Detailed Forecast for Thursday, 7 July, 2022

<b>How windy? (On the Munros)</b>	Westerly typically 25mph to 30 or 35mph Cairngorm plateau. There may be a trend toward strengthening wind through day.
<b>Effect of wind on you?</b>	<b>Will widely impede ease of walking, but in far north, walking arduous on some slopes. Sudden gusts some lower slopes.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain unlikely</b> Until mid or late morning, mainly where in cloud, the odd pocket of drizzle. Then very likely dry.
<b>Cloud on the hills?</b>	<b>Breaking up to clear many summits, returning later.</b>
<b>Chance of cloud free Munros?</b>	Initially very varied: fog may well cover some areas from lower slopes upward, whilst other areas have breaks to higher slopes. By late morning, cloud rare below 800m, and indeed most summits should clear. But risk of cloud still coming and going higher slopes near/west of A9, and off returning more widely in the west into the evening. <b>Lifting to 70%, may lower to 40% into evening.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Cloud breaking to give extensive sunshine, although possibly staying cloudy for periods near/west of A9. More widely cloudy again toward evening. Haze thinning to give mostly excellent visibility.
<b>How Cold? (at 900m)</b>	15C afternoon, although several degrees colder where in cloud.
<b>Freezing Level</b>	Above the summits.

## Cairngorms NP and Monadhliath - Looking Ahead

	Friday 8 July	Saturday 9 July
<b>How windy? (On the Munros)</b> <b>Effect of wind on you?</b>	Westerly around 20mph at first, then increasing through day to 25 to 35mph; strongest in afternoon. <b>Will impede walking for periods across the hills, at times fairly arduous. Strongest winds not necessarily on highest tops.</b>	Westerly 20 to 30mph, perhaps 35mph at times N Cairngorms. <b>Be prepared for blustery conditions with walking impeded at times, especially across N Cairngorms.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Occasional spots of rain and drizzle</b> Precipitation amounts very small, but occasional spots of rain and drizzle will occur in the wind.	<b>Rain unlikely</b>
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Extensive higher areas, clearer in east.</b>  Cloud covering higher areas in fog with bases around 800-1100m; lowest hills west of A9. Bases breaking east from Cairngorm with some summits clearing.  <b>40%</b>	<b>Generally breaking off the hills.</b>  Banks of cloud capping higher slopes, mainly near and west of the A9 in the morning. Before bases widely break up and clear most hills in afternoon.  <b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Occasional shafts of sunshine, especially lower slopes and in the east. Visibility good or locally very good.	Cloudy start, sunny intervals breaking through.  Visibility good or very good.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	11C  Above the summits	8C lifting to 12C  Above the summits

**Planning Outlook****All mountain areas of Britain from Friday, 8 July, 2022**

Persistent high pressure off SW Britain will bring extensive dry weather to and through next weekend, although in western Scotland, with the wind off the sea, often cloudy and fronts may bring rain on Sunday.

On western mountains the cloud will bring persistent fog until Friday, even to lowest slopes near the coast. However, remaining murky toward west coast of Scotland with further drizzle at times.

**Forecast issued at 17:02 on Wednesday, 6 July, 2022**

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