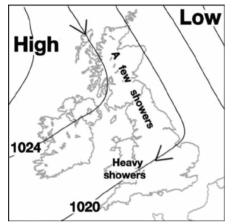
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment. Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Sunday, 29 May, 2022



British Mountain Summary: Based on forecast chart for noon 29 May, 2022

Chilly northerly winds, mostly fairly light, will bring a few showers, of snow higher areas Scottish Highlands, but the risk of heavier showery rain to Wales - mainly South Wales. Patches of sun, although extensive cloud overall.

Headline for Cairngorms NP and Monadhliath

Locally blustery. A few showers, of snow higher tops.

Detailed Forecast for Sunday, 29 May, 2022

How windy? (On the Munros)	Northerly, 20 to 25mph but possibly 30mph east from Cairngorm plateau (most likely morning).		
Effect of wind on you?	Mostly fairly small, but perhaps significant buffeting and wind chill east from Cairngorm plateau.		
How wet?	Showers or flurries		
(Precipitation and its impact)	Occasional showers, mostly brief, of hail or above 800m snow.		
Cloud on the hills?	Often covering higher Cairngorms; otherwise extensively clearing		
	East from Cairngorms: cloud base 650-800m rising to 900-1050m. Elsewhere: Cloud base will rise, by late morning, higher tops frequently cloud free, but fragments may form on higher slopes near showers.		
Chance of cloud free Munros?	30% east from Cairngorm plateau; by midday 70% elsewhere		
Sunshine? Air clarity (below cloud)	Mostly cloudy, brief bursts of sun. Visibility excellent.		
How Cold? (at 900m)	0C rising to 3C.		
Freezing Level	850m rising to 1200m east from Cairngorm plateau by midday. Elsewhere will lift above the summits. Slight frost at first some valleys and corries.		

MOUNTAIN WEATHER INFORMATION SERVICE

Cairngorms NP and Monadhliath - Looking Ahead

	Monday 30 May	Tuesday 31 May
How windy? (On the Munros) Effect of wind on you?	North or northwesterly 15-20mph. May tend to drop with the direction becoming varied and speeds later less than 10mph. Small	Direction varied, although mostly easterly between 5 and 15mph. Gusts 25mph in places. Mostly negligible, but near precipitation, expect sudden gusts on both higher and lower slopes.
How wet?	Increasingly wet middle of day	Areas of rain; some heavy & thundery
(Precipitation and its impact)	A few patches of rain, or above 800m snow, will drift about lowly from dawn. Will gradually deteriorate as precipitation becomes more widespread and heavy with risk thunder. Total rainfall very varied over a few miles.	Overall extensive rainfall as areas of steady rain and heavier thundery showers drift within an area of low pressure. Expect hail and above 1000m snow. There may well be considerable variation in rainfall over a few miles.
Cloud on the hills?	Will come and go, sometimes extensive and shrouding lower slopes	Mountains cloud covered most or all day
	Considerable variation, particularly afternoon. Broadly, cloud base will rise from 550 to 800m (lowest N Cairngorms) after dawn toward 800 to 1100m by late morning. But in precipitation expect fog widely on higher slopes and in some areas on lower slopes as well.	Overall, fog will cover higher areas persistently, sometimes forming from lowest slopes up, but here and there breaks toward higher summits for a few hours.
Chance of cloud free Munros?	20%	10%
Sunshine? Air clarity (below cloud)	Patches of sunshine (mainly west of A9 and southern Cairngorm NP) will give way to become extensively dull. The air very clear, but visibility very poor in precipitation.	Pockets of sun here and there. The air very clear, but due to the precipitation, often misty or murky and very poor visibility in snow.
How Cold? (at 900m)	2C, but up to 4C afternoon.	3C
Freezing Level	1050m, although 1250m away from precipitation by afternoon. Frost at first some valleys and upland dips.	1200m.

Planning Outlook

All mountain areas of Britain from Monday, 30 May, 2022

Relatively low temperatures on the mountains until later in the week; particularly on the Scottish highlands where higher tops will frequently be near freezing point. Showers, some heavy and thundery, giving hail and on higher tops snow, will be widespread, particularly in the afternoons, when in some areas they will merge to give a few hours of precipitation with risk thunder. Signs of a few warmer drier days toward or into next weekend.

Forecast issued at 14:27 on Saturday, 28 May, 2022

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.