

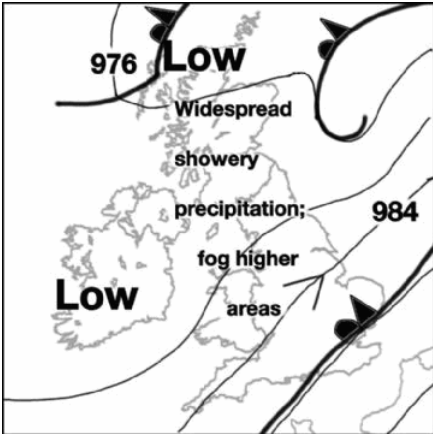
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Friday, 29 March, 2024



British Mountain Summary:
Based on forecast chart for noon 29 March, 2024
Centres of low pressure will circulate across Britain, bringing areas of rain (snow higher areas, particularly Scotland) which will gradually transition to heavy showers, and extensive fog to the mountains. It will remain cold. However, in Scotland, winds will be light.

Headline for Cairngorms NP and Monadhliath
Light wind, particularly morning. Fog many higher summits.
Precipitation on and off.

Detailed Forecast for Friday, 29 March, 2024

How windy? (On the Munros)	Mostly south to southeasterly, in afternoon 20 or locally 25mph, but speeds low in morning, when almost windless on some summits.
Effect of wind on you?	Fairly small.
How wet? (Precipitation and its impact)	Precipitation on and off; risk thunder Pockets of drizzly precipitation (light snow above 500m) here and there morning. By afternoon the precipitation showery: hail, in places heavy. Small risk thunder.
Cloud on the hills?	Extensive, in places patches on lower slopes Overall fog very extensive: fragments on lowest slopes, which could persist for a few hours particularly in precipitation. By afternoon, most cloud lifting to 650m; perhaps a few breaks above 900m (most likely N Cairngorms/Lochnagar).
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Glimpses of sun developing. Visibility good for periods, but very poor in precipitation.
How Cold? (at 900m)	-1C; probably rising marginally during day.
Freezing Level	600 to 750m; may reach 1050m in places afternoon. Slight frost at dawn some valleys.

Cairngorms NP and Monadhliath - Looking Ahead

	Saturday 30 March	Sunday 31 March
How windy? (On the Munros)	Southerly 15mph.	Southeast or easterly 10 to 15mph.
Effect of wind on you?	Small	Mostly negligible
How wet? (Precipitation and its impact)	Heavy showers, mainly afternoon Morning: isolated pockets rain (or snow above 450m) but; nearly all areas dry. From about midday: changing to heavier hail showers; in some areas precipitation possibly then be frequent.	Isolated, if any showers Risk of one or two hail flurries or showers in afternoon.
Cloud on the hills?	Extensive at first; mostly lifting to or perhaps above higher summits Very varied from dawn; some higher slopes cloud free, but most mountains foggy, in places from valleys up. Will change through morning as cloud base rises. From late morning, cloud base often above 900 to N Cairngorms 1200m, but lower in precipitation.	All or nearly all clearing Patches of some higher slopes after dawn will very likely all clear before midday. Higher tops eastern Cairngorms NP may not clear or clear only briefly, before very low cloud envelops areas east of Braemar evening.
Chance of cloud free Munros?	Rising to 40% from midday	70%
Sunshine? Air clarity (below cloud)	Bursts of sunshine and very good or excellent visibility. However, visibility abruptly very poor in precipitation, especially snow.	Patchwork of sunshine; later dull easternmost summits. Excellent or superb visibility.
How Cold? (at 900m)	Around 0C after dawn before reaching 4C mid afternoon.	2 rising to 5C.
Freezing Level	700 to 900m, rising to above the summits. Frost in many glens at dawn.	1200m, before rising above the summits, although in lowland and upland valleys widely frosty after dawn.

Planning Outlook

All mountain areas of Britain from Saturday, 30 March, 2024

Overall the next week to 10 days will often be cloudy with rain from time to time particularly over England and Wales. However, after widespread hail showers on Saturday, few showers on Sunday (which will also be the warmest day nearly everywhere). Then largely dry Scotland and the Lake District until about Wednesday, but persistent very low cloud (in easterly winds) will shroud all but some western summits in fog. Rain (sometimes snow higher tops) will be more widespread throughout next week Pennines and across Wales.

Forecast issued at 18:00 on Thursday, 28 March, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.