

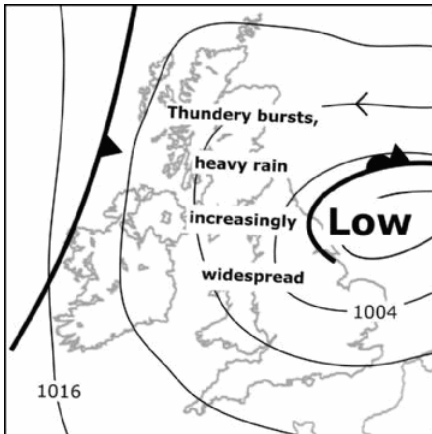
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 22 May, 2024



British Mountain Summary:

Based on forecast chart for noon 22 May, 2024

Low pressure drifting in from the east will bring scattered thundery bursts of rain, developing into increasingly widespread rain, sustained heavy rain setting in for eastern Scotland and Pennines. Cloud filling in across most hills and winds generally strengthening.

Headline for Southern Uplands

Rain heavy or thundery at times, low cloud, wind increasing.

Detailed Forecast for Wednesday, 22 May, 2024

How windy? (On the summits)	Northerly, gradually strengthening from 10mph or perhaps less, to 30mph.
Effect of wind on you?	Negligible most or all morning; by evening, impeding ease of walking on some higher areas.
How wet? (Precipitation and its impact)	Increasingly wet: risk thunderstorms. Bursts of heavy rain and in Galloway risk thunderstorms developing during morning. Generally deteriorating as the rain, thundery in places, becomes widespread or incessant.
Cloud on the hills?	Increasingly extensive Considerable variation both through the day and sometimes between adjacent summits. Generally deteriorating as cloud fills in following onset of rain, quite widely cloud forming on lower slopes. However, even in morning, patches of fog from some lower slopes up.
Chance of cloud free summits?	40%
Sunshine? Air clarity (below cloud)	Little or no sunshine - increasingly dull. Hazy, and visibility deteriorating markedly as rain develops.
How Cold? (at 750m)	10C, but feeling below 5C as wind strengthens.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Thursday 23 May	Friday 24 May
How windy? (On the summits)	Northerly 25 to 35mph, gusts toward 50mph in morning especially in west.	Variable or westerly 10-15mph or less.
Effect of wind on you?	Considerable wind chill and walking strenuous over higher terrain.	Mostly small
How wet? (Precipitation and its impact)	Rain slowly fading to showers A broad swathe of rain from overnight into the daytime slowly fading, but leaving patchy rain or showers.	Local rain or showers Patchy rain drifting around slowly from dawn into the morning. Local showery bursts forming into the afternoon, greatest risk toward Borders later in day.
Cloud on the hills?	Extensive low cloud Cloud likely to blanket the hills very widely from dawn. As rain eases, so cloud base will rise.	Lifting to tops, some breaks Banks of cloud around higher slopes in the morning, gradually lifting to clear many tops during afternoon. Patches returning near showers.
Chance of cloud free summits?	30%	50%
Sunshine? Air clarity (below cloud)	Mostly cloudy or dull. Poor visibility in rain, tending to slowly improve.	Glimpses of sun occasionally, best later in day in western areas. Visibility good away from rain.
How Cold? (at 750m)	7C. Wind chill in stronger speeds feeling close to freezing.	5 to 8C
Freezing Level	Above the summits.	Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 23 May, 2024

A slow-moving area of low pressure will leave areas of rain and showers later this week, plus varied banks of low cloud across the mountains, feeling cool. Improving at least temporarily into the weekend as pressure rises for a time, becoming warmer, but southerly winds will strengthen ahead of lowering pressure over the Atlantic, likely to move in by early next week to bring changeable conditions, rain at times, most frequent western Scotland.

Forecast issued at 16:05 on Tuesday, 21 May, 2024

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