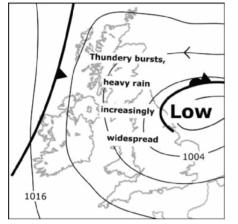
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Wednesday, 22 May, 2024



British Mountain Summary: Based on forecast chart for noon 22 May, 2024

Low pressure drifting in from the east will bring scattered thundery bursts of rain, developing into increasingly widespread rain, sustained heavy rain setting in for eastern Scotland and Pennines. Cloud filling in across most hills and winds generally strengthening.

Headline for Cairngorms NP and Monadhliath

Rain developing, locally thundery; low cloud, wind increasing.

Detailed Forecast for Wednesday, 22 May, 2024

How windy? (On the Munros)	Morning: direction varied, widely less than 10mph. Afternoon onwards: Northerly, gradually strengthening to 30mph.		
Effect of wind on you?	Negligible morning, by evening, impeding ease of walking on some higher areas.		
How wet?	Increasingly wet: Small risk thunder.		
(Precipitation and its impact)	Morning: Patches of rain here and there, but overall extensively dry. Afternoon onwards: Generally deteriorating as rain, in some areas heavy & possibly thundery, becomes increasingly widespread.		
Cloud on the hills?	Increasingly extensive		
Chance of cloud	Considerable variation both through the day and sometimes between adjacent summits. Generally deteriorating as cloud fills in following onset of rain, quite widely cloud forming on lower slopes. However, even in morning, patches of fog from some lower slopes up. 20%		
free Munros?	20 /0		
Sunshine? Air clarity (below cloud)	A little sun, mainly morning; overall increasingly dull. Excellent visibility but deteriorating markedly as rain develops.		
How Cold? (at 900m)	8C, but feeling closer to freezing on tops as wind strengthens.		
Freezing Level	Above the summits		

MOUNTAIN WEATHER INFORMATION SERVICE

Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 23 May	Friday 24 May
How windy? (On the Munros)	Northerly 30 to 45mph, speeds tending to lessen with time.	Variable 10-15mph or less.
Effect of wind on you?	Significant wind chill and difficult walking where exposed on higher areas.	Mostly small
How wet?	Rain much of the day	Local rain or showers
(Precipitation and its impact)	A broad swathe of rain may persist most or all day, although with time a tendency for the rain to ease. The Cairngorms and Deeside are likely to be the wettest. Very wet underfoot.	Patchy rain drifting around slowly from dawn into the morning. Local showery bursts forming into the afternoon.
Cloud on the hills?	Extensive low cloud	Often covering tops
	Cloud blanketing the mountains very widely from dawn, in many areas forming on lower slopes. As rain eases, so cloud base will tend to rise slowly, best chance for breaks in the Drumochter area.	Varied banks of cloud covering the hills in the morning, bases tending to rise during the day, some breaks to upper slopes, but returning as ragged patches around showers.
Chance of cloud free Munros?	10%	
Sunshine? Air clarity (below cloud)	Cloudy or dull. Poor visibility widely in rain.	Glimpses of sun occasionally. Visibility good away from rain.
How Cold? (at 900m)	Around 5C. Wind chill feeling like -5C, colder at times on highest summits.	4 to 6C
Freezing Level	Above the summits.	Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 23 May, 2024

A slow-moving area of low pressure will leave areas of rain and showers later this week, plus varied banks of low cloud across the mountains, feeling cool. Improving at least temporarily into the weekend as pressure rises for a time, becoming warmer, but southerly winds will strengthen ahead of lowering pressure over the Atlantic, likely to move in by early next week to bring changeable conditions, rain at times, most frequent western Scotland.

Forecast issued at 16:05 on Tuesday, 21 May, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.